

## Resthaven Incorporated

Established in 1935, Resthaven is a public benevolent, charitable aged care community service of the Uniting Church in Australia.

Resthaven offers a range of high quality, responsive community and residential care services for older South Australians that are provided by experienced, trained staff.

Services support older people and their carers, in their homes, at Resthaven facilities and community centres.

Resthaven Community Services enable older people to:

- Maintain their independence
- Remain living in their own home
- Maintain social contacts
- Lead a dignified and meaningful lifestyle
- Continue their role as a valued member of the community.



An Australian Government Initiative

### For more information

Resthaven offers Community Aged Care Packages in a number of local government areas. This program is specifically funded for people with social and financial hardship.

If you have any questions or need more details about accessing services, please telephone the program coordinator.

### Resthaven Paradise and Eastern Community Services

61 Silkes Road, Paradise SA 5075

Community Aged Care Packages specifically for socially and financially disadvantaged people.

**For more information about the range of services offered by Resthaven, phone 8165 3078, or visit:**

**[www.resthaven.asn.au](http://www.resthaven.asn.au)**



# Community Aged Care Packages

for socially and financially disadvantaged people

**Quality care at home with dignity and independence**

- Individual
- Flexible
- Responsive



## Assistance at Home

Community Aged Care Packages (CACP) offer coordinated support when assistance with day to day living is required.

Community Aged Care Packages are for older people who prefer to remain at home. They may be living on their own or with their spouse or family.

An individual package of assistance is negotiated. Independence is respected and encouraged.

Carefully chosen, trained staff provide flexible and coordinated support, which may include assistance with:

- Personal care (eg showering, grooming)
- Household help (eg shopping, cleaning)
- Linking with activities and pursuits in the community
- Other assistance as negotiated according to individual need.

Packages may be adapted as circumstances change, within the capacity of the program resources.

## Eligibility

To be eligible to receive a specific Community Aged Care Package for social and financial disadvantage, a person must:

- be 65 years of age or over
- have approval for this level of service from the Australian Government Aged Care Assessment Team (ACAT)
- be in receipt of the maximum pension with no additional income
- have not owned their own home for the past two years
- meet certain other criteria.

Individuals can refer themselves to the ACAT for assessment or be referred by family, friends, general practitioners or allied health professionals.

The ACAT will advise the next steps to take.

Care packages are offered on the basis of availability and the ability of the program to meet individual needs. Some programs have waiting lists.

## Interpreter Services

Use of an appropriately qualified, accredited interpreter can be arranged with the Translating and Interpreting Service of the Department of Immigration and Ethnic Affairs, telephone 131 450

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Community Aged Care Packages are funded by the Australian Government Department of Health and Ageing.

Fees for those with social and financial hardship are minimal. There is a recommended fee structure which acts as a guide for the fees charged.

Fees may be negotiated where the recommended fee is beyond an individual's financial capacity.