



Resthaven Incorporated

Established in 1935, Resthaven is a public benevolent, charitable aged care community service of the Uniting Church in Australia. Resthaven offers a range of high quality, responsive care and support services for older people.

If required, use of an appropriately qualified, accredited interpreter can be arranged with the Translating and Interpreting Service of the Department of Immigration and Citizenship telephone 131 450.

Resthaven welcomes feedback. Clients are encouraged to provide comments and suggestions regarding the service and are encouraged to bring any concerns or complaints to Resthaven's attention in the first instance. However, help may be obtained from an external source such as:

Aged Rights Advocacy Service

Telephone: 1800 700 600

Aged Care Complaints Investigation Scheme

Telephone: 1800 550 552



Health & Community Services Complaints Commissioner

Telephone: 1800 232 007

Further Information

For more details about accessing services, please telephone Resthaven Community Services on: **1300 13 66 33**.

Resthaven Community Services

Marion **8296 4042**

43 Finnis Street,
Marion SA 5043

Murray Bridge & Hills **8531 2989**

88 Adelaide Road,
Murray Bridge SA 5253

Limestone Coast **8762 4389**

Unit 13a Pavy Drive,
Naracoorte SA 5271

North East/Inner West **8261 6299**

111 Hampstead Road,
Manningham SA 5086

Northern **8252 6811**

16 Gillingham Road,
Elizabeth SA 5712

Paradise & Eastern **8337 4371**

61 Silkes Road,
Paradise SA 5075

Onkaparinga **8326 3444**

Suite 103, Commonwealth House
Beach Road, Noarlunga Centre SA 5168

Riverland **9584 5866**

60 East Terrace
Loxton SA 5333

www.resthaven.asn.au

Community Aged Care Packages

Quality care at home with dignity and independence

- Individual
- Flexible
- Responsive



Assistance at Home

Community Aged Care Packages (CACP) offer coordinated support when assistance with day to day living is required.

Community Aged Care Packages assist older people who prefer to remain at home. They may be living on their own or with their spouse or family.

An individual package of assistance is negotiated. Independence is respected and encouraged.

Carefully chosen, trained staff provide flexible and coordinated support, which may include assistance with:

- Personal care (eg showering, grooming)
- Household help (eg shopping, cleaning)
- Linking with activities and pursuits in the community
- Other assistance as negotiated according to individual need.

Packages may be adapted as circumstances change, within the capacity of the program resources.

How to access a CACP

To be eligible to receive a Community Aged Care Package, a person must have approval from the Australian Government Aged Care Assessment Team (ACAT).

Individuals can refer themselves to the ACAT for assessment or be referred by family, friends, general practitioners or allied health professionals.

Care packages are offered on the basis of availability and the ability of the program to meet individual needs. Some programs have waiting lists.

For contact details of your local ACAT, please call:

**Commonwealth Care Link,
Phone: 1800 052 222,**

or

**Aged Care Information Line,
Phone: 1800 500 853.**

The ACAT will provide details for the local Community Aged Care Package provider and advise the next steps to take.



An Australian Government Initiative

Fees

Community Aged Care Packages are funded by the Australian Government Department of Health and Ageing.

There is a recommended fee structure which acts as a guide for the fees charged.

Fees may be negotiated where the recommended fee is beyond an individual's financial capacity.

