

Yuntí Mupítj

Together Taking Care

The areas covered by the Murray Bridge Office extend from:

- **Murray Bridge**
- **Tailem Bend**
- **Meningie**



Resthaven Incorporated

Established in 1935, Resthaven is a public benevolent, charitable aged care community service of the Uniting Church in Australia.

Resthaven offers a range of high quality, responsive community and residential care services for older South Australians.

For more information, visit the website www.resthaven.asn.au

Resthaven Murray Bridge and Hills Community Services

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Community Aged Care Packages

Quality care at home with dignity and independence

- **Individual**
- **Flexible**
- **Responsive**



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Assistance at Home

When a little help is needed, Resthaven offers services for older people living in their own homes with family, their spouse or by themselves.

Called *Community Aged Care Packages*, support is coordinated to assist with things like :

- **Personal Care**
(eg showering, grooming.)
- **Household help**
(eg shopping, cleaning etc)
- **Community activities**
(going to activities, arts and crafts, Aboriginal events etc)
- **Transport**
(eg doctors appointments, shopping etc.)

Packages may be adapted as your circumstances change, within the capacity of the program resources.

How to get help

To receive a Community Aged Care Package, a person must have approval from Australian Government Aged Care Assessment Team (ACAT). Individuals can refer themselves to the ACAT for assessment or be referred by family, friends, the doctor, or allied health professionals.

The ACAT will give the details of the local Community Aged Care Package provider and advise the next step to take.

Care packages are offered on the basis of availability and the ability of the program to meet individual needs. Some programs have waiting lists.

The people who provide assistance are carefully chosen and trained. Confidentiality is respected in line with National Privacy Principles.



An Australian Government Initiative

Fees

Community Aged Care Packages are funded by the Australian Government Department of Health and Ageing.

There is a recommended fee for this program. However, fees may be negotiated depending on each individual's financial situation. No one will be refused.



Resthaven is pleased to be working in cooperation with the Uniting Aboriginal and Islander Christian Congress (SA Region).