



Resthaven
Incorporated



Lifestyle Choices *Plus*

- Your life
- Your lifestyle
- Your choice

Flexible, individual support for older people on a fee for service basis when and where you want it!

Make your own decisions about the type of services you choose to receive and pay for, when, where and how they are provided. Competitive fees – no need to declare personal financial information.

Services may include domestic assistance, personal care, companionship, home nursing, respite for carers and help with shopping or attending appointments.

Resthaven's Lifestyle Choices Plus is available on request (no waiting) for older people who live at home and:

- prefer to choose and pay for the services and support they want themselves or
- for a short period, awaiting availability of government subsidised support or
- in addition to the support offered through government subsidised programs (as a 'top up').

Available across metropolitan Adelaide, the Adelaide Hills, Strathalbyn, Murraylands, the Riverland and throughout the Limestone Coast.

Phone **1300 13 66 33**

www.resthaven.asn.au

