



**Resthaven**  
Incorporated

# Lifestyle Choices Plus



- Your life
- Your lifestyle
- Your choice

## **Resthaven's Lifestyle Choices Plus offers flexible, individual support for older people on a fee-for-service basis.**

Resthaven's Lifestyle Choices Plus provides people over 60 years of age with the services and support they need to remain at home, and in control of their own lives. Home services may include domestic assistance, personal care, companionship, respite for carers, home nursing and help with shopping or attending appointments. The choice is yours.

Resthaven's Lifestyle Choices Plus is available for older people who live at home and:

- Prefer to choose and pay for the services and support they want, *or*
- Are waiting for short-term availability of government subsidised support, *or*
- Need support in addition to the services they already receive through government subsidised programs (as a 'top up').

Resthaven's Lifestyle Choices Plus is also available for people living in residential aged care who choose to pay for additional support (e.g. while their family is away, or to support them to participate in additional community activities and outings).

### **Benefits:**

- You choose the services you need, and when, where and how they are provided
- No waiting lists
- Competitive prices - only pay for what you need or choose
- The flexibility of ongoing or short-term support
- No need to declare information about your financial status
- Services adhere to Resthaven's high quality model of service
- Services supported by Resthaven's accredited systems: qualified, skilled and police checked-staff, quality monitoring systems and a high level of staff supervision.

**To find out more about Lifestyle Choices Plus, please call Resthaven Community Services on 1300 13 66 33.**

