



## Fees

There is a recommended fee structure which acts as a guide for the fees charged.

Fees may be negotiated where the recommended fee is beyond an individual's financial capacity.

**For specific details or to discuss fees telephone 8241 5480.**

## Resthaven Incorporated

Established in 1935, Resthaven is a public benevolent aged care community service of the Uniting Church in Australia.

Resthaven offers a range of high quality, responsive community and residential care services for older South Australians that are provided by experienced, trained staff.

Resthaven respects the privacy and confidentiality of each person.

## For more information

If you have any questions or need more details, please telephone the coordinator on 8241 5480.

A Community Program of  
**Resthaven North East / Inner West Community Services**

## Regency Cottage Social Club

**111 Regency Road  
Croydon Park SA 5008**

**Telephone 8241 5480**

For more information about Resthaven, visit the website at:

**[www.resthaven.asn.au](http://www.resthaven.asn.au)**



# Regency Cottage Social Club



**Wednesdays and Fridays**

**10 am - 4 pm**

**Phone 8241 5480**



## Regency Cottage Social Club

Resthaven Regency Cottage Social Club offers social support and companionship in a relaxed, friendly atmosphere.

The program operates from 10 am - 4 pm on Wednesdays and Fridays.

**A hot, home cooked lunch is served daily.**

### Benefits

Joining the Regency Cottage Social Club gives people an opportunity to socialise with others in a home like environment, learn new skills, share a meal and experiences, listen to interesting guest speakers. and enjoy an outing.

The program also offers information about other social activities outside the group, as well as information about the range of services available and assistance to plan for future needs and referrals.

### Activities include:

- Bingo
- Gardening
- Cards
- Computer Club
- Crafts
- Carpet Bowls
- Guest Speakers
- Current Affairs
- Multicultural Days
- Chair Based Exercise
- Other activities as decided by members.

### How to join the club

Inquiries are welcome from interested people, their carers, health professionals or community service providers.

Club members are to be:

- aged 65 years or over with low level care needs
- live in the Port Adelaide/ Enfield, Charles Sturt or West Torrens Council areas.

