



## An Australian Government Initiative

### Fees

Resthaven Therapy Services are funded by the Australian Government Department of Health and Ageing.

There is a recommended fee structure which acts as a guide for the fees charged.

Fees may be negotiated where the recommended fee is beyond an individual's financial capacity.

### Interpreter Services

Use of an appropriately qualified, accredited interpreter can be arranged with the Translating and Interpreting Service of the Department of Immigration and Citizenship, telephone 131 450.

## Resthaven Therapy Services

### Locations

#### Resthaven Northern Community Services

16 Gillingham Road, Elizabeth SA 5112  
Telephone (08) 8252 6811  
northernocs@resthaven.asn.au

#### Resthaven Marion Community Services

43 Finniss Street, Marion SA 5043  
Telephone (08) 8296 4042  
marionocs@resthaven.asn.au

#### Resthaven Paradise & Eastern Community Services

61 Silkes Road, Paradise SA 5075  
Telephone (08) 8337 4371  
pecs@resthaven.asn.au

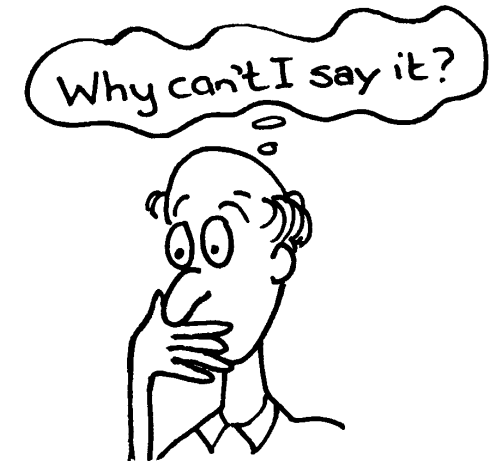
For more information about the range of services offered by Resthaven, visit:

[www.resthaven.asn.au](http://www.resthaven.asn.au)



## Talk Back Group

For People with Aphasia



For more information,  
phone 8337 4371



## Talk Back Group

The Talk Back Group runs for ten weeks at a time and is held at Resthaven Paradise Therapy Services three times a year.

### Do YOU ...

- have a history of stroke or brain injury?
- have times when you can't think of the right word, mix up the words you want to say, or find it hard to say even a simple message?
- find talking an effort, full of frustration?
- have problems fully understanding what people say to you?

### Do YOU ...

- have trouble understanding what you read (books, cards, TV programs)?
- find your writing is different or you have difficulties with spelling or grammar?
- feel people judge you or avoid you because of the way you speak?

If so, you may be one of about 1,500 South Australians who develop **APHASIA** each year.

**Aphasia** is a language or communication difficulty following a stroke or brain injury.

**Aphasia** can make ordinary conversation very difficult.

It may even make you avoid social events and feel isolated.

### The Talk Back Group Offers:

- the opportunity to practise your conversational skills.
- a chance to meet others "in the same boat".
- a venue for family members and carers to meet, support each other and obtain information about communication and aphasia.
- a place where there is no pressure or embarrassment about your **aphasia**.

You will be part of a small conversation group of people with aphasia, along with staff and trained volunteers.

The group is under the supervision of a Speech Pathologist.

You will be encouraged to work to achieve a specific communication goal in the group you attend.

### It Doesn't Matter If ...

- you have a great deal of trouble talking or only have a few problems.
- you speak English or not.
- you are having speech pathology treatment or have finished therapy.
- you had your stroke or brain injury recently or many years ago.

The only requirements are that you are medically stable and can go to the toilet independently.

### To Join a Talk Back Group:

- Telephone for yourself or on behalf of your relative friend (a doctor's referral is not required).
- Refer through your doctor, specialist or Speech Pathologist.
- Ask for information about a Talk Back Group close to where you live.