



Therapy Services Fact Sheet



Australian Government
Department of Health and Ageing

Understanding Podiatric Treatment

In the interest of providing excellent foot care, a few points have been listed to educate the client on treatments and after treatment care:

- Nails may be cut back further than the clients may do themselves. This may present some tenderness, which can be discussed with the Podiatrist. This may also apply to removal of corns and/or callous.
- Removal of ingrown toenails can cause some discomfort and bleeding during treatment and it is therefore important that the client takes appropriate care after treatment to ensure no complications occur. The podiatrist will advise you on after treatment care. In rare cases, however, infection may occur and will require Podiatrist or GP intervention. Please contact your podiatrist if your ingrown toenail pain persists for longer than a few days.
- If using padding or bolsters please notify Podiatrist if they require changing.



Do not be afraid to discuss any issues with your Podiatrist, as communication between Podiatrist and client will ensure comfortable and healthy feet.

Resthaven Therapy Services:

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