



**Resthaven**  
Incorporated

# Mitcham

**With views of the Adelaide hills, Resthaven Mitcham, at 48 Smith-Dorrien Street, has offered aged care services to the local community since 1962. The facility offers high quality accommodation and support.**

Resthaven Mitcham accommodates 106 residents, including 47 high and 59 low level care places, incorporating two low care respite places and a 15 place low care secure unit for people with memory loss.

Features include the communal entertainment areas, regular bus trips, a small shop on site staffed by volunteers, a library and regular newsletters. There is always something going on - films, concerts, quizzes - it's your choice to participate or not.

Landscaped gardens were designed with environmental management in mind. The sunken garden filters water discharge during downpours. North-south orientation of resident areas maximises natural light.

Family involvement is encouraged through a variety of volunteer opportunities.

Resthaven offers high and low dependency care services for people 60 years and over who need assistance with daily living activities.

Eligibility for care requires an independent assessment by an Australian Government Aged Care Assessment Team. Following assessment approval, Resthaven's admissions process includes an evaluation to ensure our facilities are appropriate and that accommodation is offered to those

applicants with the greatest need. Each person's circumstances differ, and our Admissions staff discuss individual needs and advise the next steps.

To arrange a tour of the site, telephone 8271 0639.

Respite accommodation and Admission inquiries, telephone the Admissions Officer on 8373 0211 during business hours or email [inquiries@resthaven.asn.au](mailto:inquiries@resthaven.asn.au).

