

**Resthaven opened the new, purpose built aged care facility at 24 Elizabeth Street, in the heart of Mount Gambier in July 2011. The facility offers accommodation and support to 70 older people in single rooms with ensuite bathrooms. The second stage of the project will add additional rooms to accommodate up to 100 people from across the Limestone Coast.**

Features include communal entertainment areas, a small on-site shop, hairdresser, a library and regular newsletters. There is always something going on - films, concerts, quizzes - it's your choice to participate or not.

Family involvement is encouraged through a variety of volunteer opportunities.

Resthaven offers high and low level care services for people 60 years and over who need assistance with day to day activities.

Eligibility for care requires an independent assessment by an Australian Government Aged Care Assessment Team. Following assessment approval, Resthaven's admissions process includes an evaluation to ensure that our facilities are appropriate and that accommodation is offered to those applicants with the greatest need. Each person's circumstances differ, and our staff discuss individual needs and advise the next steps.

To arrange a tour of Resthaven Mount Gambier, admission or respite enquiries, please phone 8723 0911 or email [mtgambier@resthaven.asn.au](mailto:mtgambier@resthaven.asn.au).

For older people who live at home, Resthaven Community Services offer a range of in-home care and support services. Inquiries phone: 1300 13 66 33

**For details visit [www.resthaven.asn.au](http://www.resthaven.asn.au)**

