



Resthaven
Incorporated

Paradise

Opened in time for Christmas in 1979, Resthaven Paradise, at 61 Silkes Road, overlooks the picturesque Torrens Linear Park, with a backdrop of the Adelaide hills.

Resthaven Paradise recently underwent a major redevelopment. It now accommodates 82 low and 43 high level aged care places, including two low care respite places, and a 15 bed low care secure unit for people with memory loss and a tendency to wander. Ten Independent Living Units offer another affordable retirement option.

All residents have access to trips on the Resthaven bus, guest speakers and musicians, entertainment and the on-site hairdresser. There is always something going on; films, concerts, quizzes - it's your choice to participate or not.

Resthaven Paradise and Eastern Community Services operate from the site and offer physiotherapy, occupational and speech therapy, podiatry, continence management, group programs and a range of in-home care and support for people living in their own homes.

Independent Living Unit accommodation offers independence, privacy and security, together with access to on-site communal facilities. One and two bedroom units are available, with some white goods and soft furnishings supplied. Carports are available.

Applicants purchase a licence to occupy the unit. A fortnightly fee, reviewed annually, covers council rates, gardening, sewer and water rates (within limitations), insurance for all structures, administration expenses, repairs and maintenance of buildings and plant. Residents are responsible for their personal contents, public liability insurance and utility accounts.

Residents furnish their units with personal possessions and are responsible for their own laundry, meals, shopping and cleaning.

Opportunities to maintain a personal garden are negotiable. For ILU inquiries phone: 8370 3756, or e-mail independentliving@resthaven.asn.au.

Should a move to a residential aged care facility be required, Resthaven gives preference to existing residents of Independent Living Units, following the necessary

government assessments.

Resthaven offers high and low care services for people 60 years and over who need assistance with daily living activities.



Eligibility for care requires an independent assessment by an Australian Government Aged Care Assessment Team. Following assessment approval, Resthaven's admissions process includes an evaluation to ensure that our facilities are appropriate and that accommodation is offered to those applicants with the greatest need. Each person's circumstances differ, and our Admissions staff discuss individual needs and advise the next steps.

To arrange a tour of Resthaven Paradise phone: 8336 5444.

For admission inquiries, phone: 8373 0211 during business hours or email: inquiries@resthaven.asn.au.

For community Services inquiries, phone: 1300 13 66 33.

