



Resthaven Incorporated

Established in 1935, Resthaven offers a range of high quality, responsive services for older South Australians.

All services are provided by experienced, trained staff who have a commitment to quality.

Resthaven respects the privacy and confidentiality of each person.

Clients are encouraged to provide comments and feedback regarding the service and are encouraged to bring any concerns or complaints to Resthaven's attention in the first instance.

Alternative external options include:

Aged Rights Advocacy Service

Phone: 8232 5377 or
(Country SA) 1800 700 600

Aged Care Complaints Scheme

Phone: 1800 550 552

Health and Community Services Complaints Commissioner

Phone: 8226 8666 or
(Country SA) 1800 232 007



An Australian Government Initiative

Respite Services are funded by the Australian Government Department of Health and Ageing through the National Respite for Carers Program.

For more information:

If you have any questions or need more details about Respite for Carers at Hersey Cottages, please contact:

Resthaven Community Respite Services

Unit 31/12 Township Road
Marion SA 5043
Phone: 8358 3173
Fax: 8377 3034
Email: respite@resthaven.asn.au

**For general community services
inquiries, phone: 1300 13 66 33.**

www.resthaven.asn.au

Hersey Cottages

**Home Style
Group Respite for Carers**



Phone: 8358 3173



Respite for Carers

Resthaven supports carers of older people to have time out - a planned rest or break - from their caring role.

Carers can enjoy some time to themselves with the peace of mind that the person they care for is being looked after by trained and capable staff who understand the needs of older people including those with memory loss or confusion.

Respite support is flexible, and may be short term or ongoing. Respite support is planned and negotiated according to assessed needs, suitability and availability of vacancies on the program.

Services are reviewed as individual needs and circumstances change and may be adapted within the capacity of the program resources.

Respite is available for carers who live in southern or eastern metropolitan Adelaide, who care for:

- Frail older people,
- Older people with dementia,
- Older people with high level care needs.



Home Style Group Respite

Resthaven Community Respite Services offer a variety of community based respite options. At Hersey Cottages, located adjacent to Resthaven Marion Residential Care Service, small group day respite for carers is available six days per week.

The Cottages Provide:

- A secure, supportive, relaxed and enjoyable home-style environment,
- Nutritious meals,
- An interactive social program, including participation in social activities conducted at Resthaven Marion,
- Support for carers to access information about aged care and available services, including other respite options.

Opening Times:

Mon, Wed, Fri: 8 am - 7 pm
Tues, Thurs: 11 am - 6 pm
Saturday: 9 am - 5 pm

How to Access Respite

Referrals can be made by carers, family, health professionals or community service providers. For details, phone: Community Respite Services on 8358 3173.

Fees

A recommended fee structure acts as a guide for the fees charged. Fees may be negotiated where the fee is beyond an individual's financial capacity. To discuss specific situations, phone Community Respite Services on 8358 3173.

Interpreter Services

Use of an appropriately qualified, accredited interpreter can be arranged with the Translating and Interpreting Service of the Department of Immigration and Citizenship, phone 131 450.

