
Media Release

16 July 2010

75 Years of Outstanding Care and Support

This year, Resthaven celebrates 75 years of service to older South Australians. Resthaven was established in 1935, at the time the world was emerging from the devastation of the Great Depression. It took courage, dedication and commitment.

‘Over the years, many things have changed. One thing that hasn’t, is our commitment to supporting older people and their carers,’ Resthaven Chief Executive Officer, Richard Hearn affirms.

‘It is easy to forget that in the early years of South Australia’s settlement, there was no government welfare support. Services for the elderly were very limited. Many relied on Christian charity to survive.

‘Today, more than 7,000 older people benefit every year from the various residential and community services offered by Resthaven. Some people require high level residential care, whilst others may need only a little support to manage at home.’

Clinical services is a priority area, both within residential care and community services. Clinicians at Resthaven include Registered and Enrolled Nurses, Continence Nurse Advisers, Physiotherapists, Occupational Therapists, Social Workers, Speech Pathologists and Podiatrists.

Situated at 200 Adams Road, Resthaven Craigmore is home to more than 80 older people who require assistance with daily needs. The purpose built aged care facility opened in 2004, and offers high and low dependency care and accommodation, a secure area for people with memory loss and confusion and short term respite for carers.

Staff are committed to improving the quality of life of the older people in their care. A valued team of volunteers support the staff, helping with a range of activities.

Nearby, at 16 Gillingham Road, Elizabeth, Resthaven’s Northern Community Services offer in-home care and support services, wellness programs and therapy services.

Resthaven promotes the principles of self management and offers structured programs at our Therapy Services that are specifically designed to increase strength, exercise tolerance and a good understanding of lifestyle changes to meet the challenges of every day living.

For more information about in-home care and therapy services, call 8252 6811.

For details about residential aged care, call 8373 0211, or visit the website: www.resthaven.asn.au

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