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## Media Release

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28<sup>th</sup> May 2010

### **Resthaven's 75<sup>th</sup> Anniversary 'Friendship Ball'**

This year, Resthaven Inc celebrates 75 years of providing outstanding support for older South Australians and their carers.

One of the more creative ways that Resthaven is celebrating this milestone is by creating a 'Friendship Ball.'

The Friendship Ball is a growing ball of wool that symbolises the pulling together of all the threads that are Resthaven.

Lengths of yarn of all colours and textures are tied together and rolled into a ball of wool. As the ball progresses around all Resthaven sites, it grows in size.

Resthaven Chief Executive Officer, Richard Hearn, started the Friendship Ball during Harmony Week on 22<sup>nd</sup> March 2010.

The ball will be sent to each community services office, residential facility, and every resident, client, staff member, board member, visitor and family member will be invited to tie their strand to the growing ball of wool.

A book accompanies the ball, where each person can add their name to record their contribution.

As the year progresses the size and whereabouts of the ball will be closely tracked, and reported back to staff, volunteers, residents and clients.

Resthaven Multicultural Programs Project Officer, Julie Kuhne, is excited about the project.

'I look forward to a big ball of wool at the end of year!' Julie says.

Pictures attached.

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