
Media Release

28 May 2010

Resthaven Onkaparinga Community Services

Celebrating its 75th birthday this year, Resthaven Incorporated is respected for the delivery of high quality, responsive care services for older people.

Each year, around 7,000 South Australians benefit from Resthaven's range of in-home care and support services and self management programs for older people and their carers.

'We have a variety of services to assist older people to maintain and improve their independence,' Michelle Knight, Manager, Onkaparinga Community Services explains.

'Onkaparinga Community Services can provide support with household tasks, nursing care, social support and advocacy, and information and practical support for health, wellbeing and rehabilitation.

'Services can be provided on a short or long term basis to those that meet service criteria, including veterans,' Michelle says.

'Over the last five years, demand for our services has grown to such an extent that we recently moved to larger offices at Noarlunga Centre to keep up.

'It will be much easier for clients to visit us at this major Onkaparinga hub.

'We also look forward to having more space to grow, enabling us to continue delivering our services to the residents of Holdfast Bay, Marion, Mitcham, Onkaparinga and Unley local government areas.

For more information about the range of services available through Onkaparinga Community Services, visit www.resthaven.asn.au, phone 1300 136 633, or visit the new location: suite 103, Commonwealth House, Beach Road, Noarlunga Centre.

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