
Media Release

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Feet First

This year, Resthaven Incorporated is celebrating its 75th birthday. Resthaven is respected for the delivery of high quality, responsive care services for older people. Resthaven's range of services extend from a little help at home for a few hours a week to 24 hours a day, seven days a week residential aged care.

Each year, around 7000 South Australians benefit from Resthaven's services for older people and their carers.

Clinical services is a priority area, both within residential care and community services. Clinicians at Resthaven include Registered and Enrolled Nurses, Continence Nurse Advisers, Physiotherapists, Occupational Therapists, Social Workers, Speech Pathologists and Podiatrists, and enquiries are always welcome for these positions.

Chris Frangos has been employed as a Podiatrist at Resthaven Paradise and Eastern Community Services for nearly seven years, having completed a Bachelor of Podiatry in 2002.

'I was motivated to choose a career in podiatry as it enables you to have a positive influence on peoples' quality of life. Peoples' health and wellbeing can be greatly enhanced by podiatry services, allowing one of the most under-rated parts of the body to be pain free and in 'walking' order.'

'I enjoy the challenges involved when working with older people. Our clients often have complex health care issues and require a multi-disciplinary approach to their health care needs. I'm able to enhance people's quality of life by preventing foot health problems, providing foot comfort and improving mobility.'

'Good foot health is imperative, especially for older people when there is an increased risk of foot complications due to higher incidences of diseases such as diabetes.'

'Healthy feet enable older people to maintain their independence, continue their involvement in the community and perform the activities they enjoy.'

For more information visit www.resthaven.asn.au . Recruitment inquiries to careers@resthaven.asn.au

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Photo: Chris Frangos, Podiatrist, Resthaven Paradise and Eastern Community Services