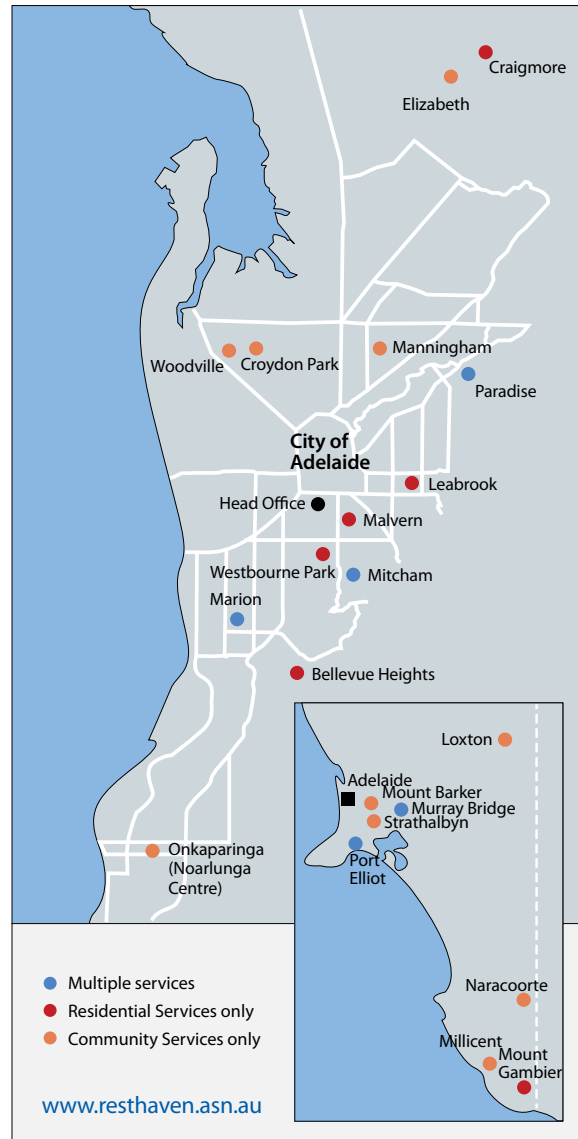




## Resthaven Locations



Would you like to join us?

### To apply:

- Visit the 'Volunteering' page on our website: [www.resthaven.asn.au](http://www.resthaven.asn.au)
- Phone **8373 9036**
- Email [volunteer@resthaven.asn.au](mailto:volunteer@resthaven.asn.au)

*Resthaven works with older people and their carers to provide outstanding care and support.*

At Resthaven, we celebrate volunteers.

Would you like to join us?  
Phone 8373 9036

# Volunteers give the gift that money can't buy

As a Resthaven volunteer, you can share:

## **Companionship**

Sharing interests and conversation.

## **Learning**

Computers, current affairs, reading.

## **Creativity**

Art, craft, gardening, photography.

## **Entertainment**

Games, cards, music.

## **Social Support**

Pet therapy, outings, events.

## **Wellbeing**

Walking, exercise groups, spirituality.

These are just some of the areas where volunteers can enrich the lives of older people in our community.

