At Resthaven, we celebrate volunteers.

Would you like to join us?

To apply:
- Visit the ‘Volunteering’ page on our website: www.resthaven.asn.au
- Phone 8373 9036
- Email volunteer@resthaven.asn.au

Resthaven works with older people and their carers to provide outstanding care and support.
Volunteers give the gift that money can’t buy

As a Resthaven volunteer, you can share:

**Companionship**
Sharing interests and conversation.

**Learning**
Computers, current affairs, reading.

**Creativity**
Art, craft, gardening, photography.

**Entertainment**
Games, cards, music.

**Social Support**
Pet therapy, outings, events.

**Wellbeing**
Walking, exercise groups, spirituality.

These are just some of the areas where volunteers can enrich the lives of older people in our community.