



## Resthaven Welcomes You

**With locations throughout metropolitan Adelaide and regional South Australia, Resthaven aims to enhance the quality of life for older people and their carers by providing high quality, responsive services according to individual need and availability.**

Resthaven offers a comprehensive range of aged care services: retirement living, residential aged care, and respite accommodation for older people requiring this level of support. Resthaven's friendly workforce love working alongside older people and their carers. We look forward to welcoming you to Resthaven.

In our warm, safe and homelike environment, new residents and their families are welcomed and supported as they settle in. At Resthaven, you can enjoy a wide range of activities from the comprehensive and personalised lifestyle program, including creative arts, community singalongs, concerts, bus trips, movies and interactive visits from school groups as part of our intergenerational program.

Resthaven residential accommodation features single rooms or shared accommodation for couples, all with ensuites; individual heating and cooling; easy to identify signage; communal access to an attractive garden and courtyard areas; as well as bright, spacious, family friendly indoor and outdoor living areas. We offer secure areas dedicated to the provision of ongoing specialised care for those living with dementia.

Care professionals including dentists, podiatrists, physiotherapists and speech pathologists visit regularly or upon request.

Ecumenical worship services are held in our hall with its own chapel area. Chaplaincy support is available and Resthaven respects all religious faiths and beliefs.

Private internal and external areas are available for a family gathering or to sit and read a book from our library. Some may prefer to catch up with a coffee or browse the Internet in the Café area.

The delightful gardens offer spacious areas for group interactions and comfortable spots for tranquil moments or reminiscing. The professionally landscaped gardens and courtyards, barbecue and activity areas are all well maintained.

Our stylish dining rooms make meal time a pleasure, with freshly cooked, home-style meals served daily. There is a shop on site to purchase those little extras.

Our hairdressing salon is designed for your comfort and convenience.

Whilst linen is laundered offsite, we can do your personal laundry. However, a laundry is available for those who prefer to do their own.

All Resthaven residential aged care homes have generators installed to ensure ongoing service provision in the event of a power failure.

Our ongoing workforce development program ensures all staff maintain a high level of capability as we endeavour to achieve our purpose of providing outstanding care and support to older people and their carers.

Staff are proud of their customer service focus and this is reflected in comments received: 'I came to Resthaven and it's the best place in the world.'



