Resthaven Western Community Services offers respite in a supportive, relaxed, home style environment at Regency Cottage in Adelaide’s western metropolitan area. Transport to and from the cottage can be arranged.

Centre-based Day Respite

- Day respite is available at Regency Cottage for carers who live in the Adelaide Western metropolitan area
- Respite is provided in small groups of up to 7 people
- Tailored, individualised programs
- An interactive social program is provided. It focuses on the abilities and interests of the person being cared for
- Enjoy the garden, the cosy lounge, or a variety of activities offered throughout the day. Two course cooked lunch included.

Eligibility
Respite is available for carers who live in the Adelaide Western metropolitan area and care for frail older people who have low level care needs, including those with short term memory loss.

Opening Times
Monday-Friday 9am-5pm
Some flexibility available.

For further information regarding respite care at Regency Cottage please phone 8345 0577
For general Community Services enquiries phone Resthaven Western Community Services on 1300 13 66 33 or visit our website

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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.