

# Resthaven Lifestyle Choices *Plus*

## Fee Schedule 2021-22

Resthaven's **Lifestyle Choices *Plus*** services are provided by trained, supervised and police-checked staff. If there are any services that you require that are not listed, feel free to ask.

Services	Hours available	Fees/hour (GST excl)
There is a <b>one-off establishment fee</b> for people new to Resthaven. This fee covers an initial Coordinator meeting, a home safety assessment, the provision of relevant information, and the development of an individualised support plan tailored to your needs.		\$130.00
<b>In-Home Support, including Respite for Carers</b> For example, assistance with personal care, laundry services, light cleaning, preparation of meals, companionship, light garden maintenance, pet walking/ care, grocery shopping, chaperone services. Mileage charged at \$1.10/km	6.00am-5.00pm 5.00pm-6.00am Weekends Public Holidays	\$64.00 \$73.00 \$136.00 \$193.00
<b>Health Care</b> For example, nursing care to attend wounds, assess continence management needs, administer medicines. Allied health services (physiotherapy, occupational therapy, social work, podiatry) to provide therapy, and provide information and recommend equipment to support home safety and independence. Services provided in your home and/or at a Resthaven wellness centre.	<b>Registered Nurse</b> 6.00am-5.00pm 5.00pm-6.00am Weekends Public Holidays	\$100.00 \$117.00 \$213.00 \$301.00
	<b>Enrolled Nurse</b> 6.00am-5.00pm 5:00pm-6.00am Weekends Public Holidays	\$83.00 \$94.00 \$171.00 \$246.00
	<b>Allied Health Professional</b> Monday-Friday 8.30am-5.00pm	\$110.00
	<b>Concierge Services</b> For example, service coordination, review of your services, providing information you require, assistance with finding relevant aged care services/other services in the community, counselling and advocacy.	Monday-Friday 9.00am-5.00pm <i>If Social Work services are required, refer to Allied Health Professional rates.</i>

The minimum engagement for any service is 30 minutes (or part thereof)

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### Group Programs

In addition to one-to-one services, Resthaven can provide social and wellbeing support, and respite for carers, through small group programs at various locations in the community. Ask about group activities in your local area. Transport can be arranged.

Services	Fees/hour (GST excl)
<b>Short sessions</b>	
Social Group/Exercise class with therapist up to 1 hour	\$15.00
Social Group/Exercise class without therapist up to 1 hour	\$10.00
<b>Social Groups/Exercise Classes over 1 hour/up to 4 hours</b>	\$27.00
Social Groups/Exercise Classes (with meal <i>or</i> transport)	\$35.00
Social Groups/Exercise Classes (with meal <i>and</i> transport)	\$52.00
<b>Centre-Based Respite (up to 4 hour session)</b>	\$90.00
Centre-Based Respite (4 hours) with meal <i>or</i> transport	\$101.00
Centre-Based Respite (4 hours) with meal <i>and</i> transport	\$110.00
<b>Centre-Based Respite (full day)</b>	
Centre-Based Respite (full day) with meal <i>or</i> transport	\$202.00
Centre-Based Respite (full day) with meal <i>and</i> transport	\$220.00
<b>Overnight Cottage Respite</b> (price on application)	P.O.A.

**Please note:** Travel up to 5kms per visit is included in the hourly rates. Additional charges apply where travel exceeds 5km each way from the Resthaven office.

Travel up to 5km is included in the hourly rate
Travel package up to 15km – \$15.00
Travel package up to 25km – \$26.00
Travel package up to 50km – \$55.00

Services cancelled with less than **24 HOURS** notice will be charged a **\$38.00** cancellation fee

*We welcome your enquiry and will tailor services to meet your needs.*

If you have any further questions please contact:

**Resthaven Community Services 1300 13 66 33**