



Alexandra Cottage Respite

61 Alexandra Avenue, Toorak Gardens SA 5065

Resthaven Paradise and Eastern Community Services offers short-term overnight and small group day respite for carers of frail older people, in a home style, supportive, relaxed and safe environment.

Overnight and Day Respite

- A private room and bathroom are available for overnight respite.
- Skilled support staff who understand the needs of older people are on site 24 hours a day.
- Day respite is available on a short-term or regular basis for people who enjoy social interaction.
- Day respite is offered in a small group of up to four people.
- Respite may be available at short notice, such as in emergency situations (subject to availability).
- Transport to and from respite may be arranged within the region.

Eligibility

Respite care is available for carers of frail older people with low to moderate care needs who live in the eastern metropolitan area.

Opening Times

Monday to Friday. Please enquire on 8154 8444.

Respite for carers



Resthaven Paradise and Eastern Community Services

61 Silkes Road, Paradise SA 5075

Phone: 8154 8444

Email: pecs@resthaven.asn.au

For general Community Services enquiries **phone:** 1300 13 66 33 or **visit:** www.resthaven.asn.au

This Commonwealth Home Support Programme is funded by the Australian Government Department of Health. Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.