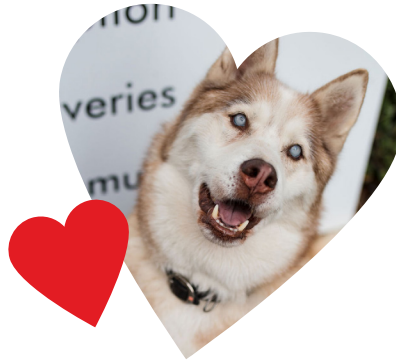


# Bring joy

## Apply online and change lives

Visit: [www.resthaven.asn.au/  
volunteering-careers/volunteer/](http://www.resthaven.asn.au/volunteering-careers/volunteer/)

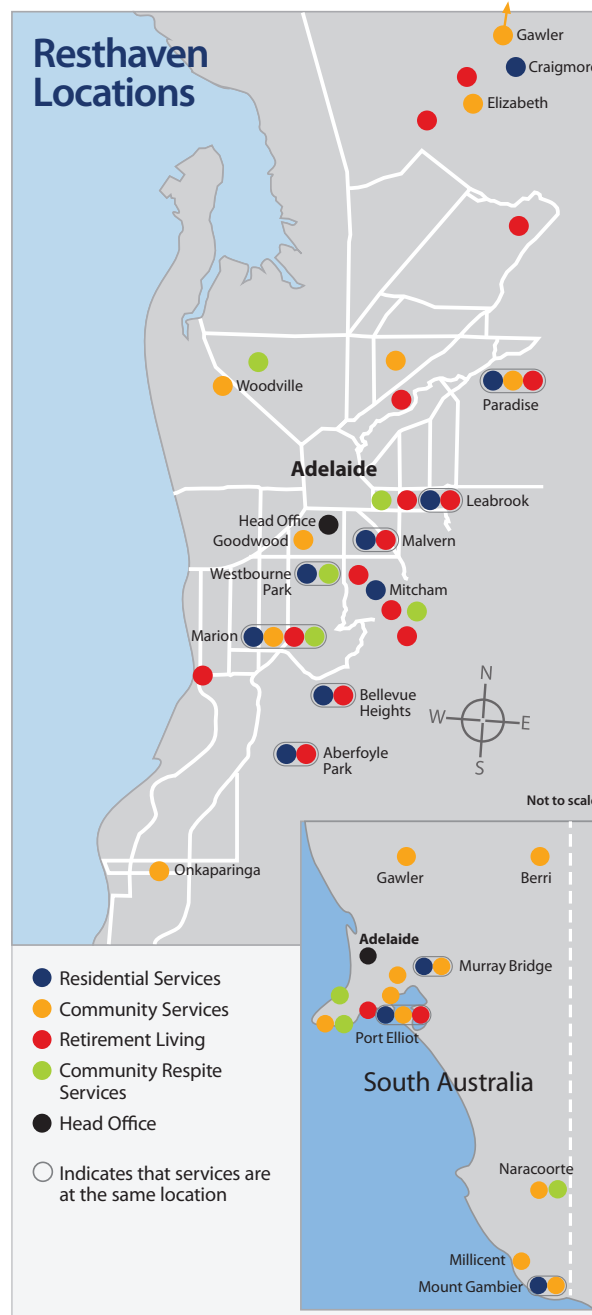
or scan the QR Code



For more information contact  
Volunteer Services, phone **8373 9036** or  
email [volunteer@resthaven.asn.au](mailto:volunteer@resthaven.asn.au)

Please share this brochure with people  
you know who would enjoy volunteering.

**Volunteering changes lives.**



[www.resthaven.asn.au](http://www.resthaven.asn.au)

# Bring joy



# VOLUNTEER

*with Resthaven*

# **VOLUNTEER**

*with Resthaven*

**There are many ways  
you can be involved,  
these are a few ideas:**

- Creative and artistic pursuits
- Wellbeing activities (walks, exercise, gardens)
- Companionship
- Spiritual and pastoral support
- Entertainment (games, music, movies, concerts)
- Site shop support
- Visiting with pets
- Driving a bus
- Information/technology support

**We welcome  
your suggestions.**



social  
give  
fun



community  
**support** engage  
visit

create  
help  
**share**  
worthwhile  
purpose  
**enjoy**

**Meaningful  
connections**

