

Resthaven Lifestyle Choices *Plus*

Fee Schedule 2023-24

Resthaven's **Lifestyle Choices *Plus*** services are provided by trained, supervised and police-checked staff. If there are any services that you require that are not listed, feel free to ask.

Services	Hours available	Fees/hour (GST excl)
There is a one-off establishment fee for people new to Resthaven. This fee covers an initial Coordinator meeting, a home safety assessment, the provision of relevant information, and the development of an individualised support plan tailored to your needs.		\$130
In-Home Support, including Respite for Carers For example, assistance with personal care, laundry services, light cleaning, preparation of meals, companionship, light garden maintenance, pet walking/ care, grocery shopping, chaperone services.	6am-5pm 5pm-6am Weekends Public Holidays	\$75 \$82 \$108 \$179
Health Care For example, nursing care to attend wounds, assess continence management needs, administer medicines. Allied health services (physiotherapy, occupational therapy, social work, podiatry) to provide therapy, and provide information and recommend equipment to support home safety and independence. Services provided in your home and/or at a Resthaven wellness centre.	Registered Nurse 6am-5pm 5pm-6am Weekends Public Holidays Enrolled Nurse 6am-5pm 5pm-6am Weekends Public Holidays Allied Health Professional Monday-Friday 8.30am-5pm	\$130 \$153 \$223 \$314 \$97 \$111 \$156 \$250 \$130
Concierge Services For example, service coordination, review of your services, providing information you require, assistance with finding relevant aged care services/other services in the community, counselling and advocacy.	Monday-Friday 9am-5pm <i>If Social Work services are required, refer to Allied Health Professional rates.</i>	\$130

Group Programs

In addition to one-to-one services, Resthaven can provide social and wellbeing support, and respite for carers, through small group programs at various locations in the community. Ask about group activities in your local area. Transport can be arranged.

Services	Fees/hour (GST excl)
Short sessions	
Social Groups/Exercise Classes (up to 1 hour)	\$33
Social Groups/Exercise Classes (over 1 hour/up to 4 hours)	\$66
Social Groups/Exercise Classes (over 1 hour/up to 4 hours) with meal	\$84
Centre-Based Respite	
Centre-Based Respite (up to 4 hours)	\$107
Centre-Based Respite (4 hours) with meal	\$120
Centre-Based Respite (full day) with meal	\$227
Overnight Cottage Respite (price on application)	P.O.A.
Travel	Fees/hour (GST excl)
Staff travel costs to visit you:	
Travel up to 5km is included in the hourly rate	
Travel package up to 15km	\$18
Travel package up to 25km	\$30
Travel package up to 50km	\$65
Travel with you to group activities and excursions/appointments/shopping – \$1.20 per kilometre (+ employee time taken)	
Services cancelled with less than 24 HOURS notice will be charged a \$45 cancellation fee	

We welcome your enquiry and will tailor services to meet your needs.

If you have any further questions please contact:

Resthaven Community Services 1300 13 66 33