



## Newland House

1–3 Newland Street  
Victor Harbor SA 5211

Home-style respite for carers of older people during the day and overnight in a supportive, relaxed, secure environment.

Contact Resthaven Murray Bridge, Hills & Fleurieu Community Services on **8574 5111** for bookings and further information.



## Located in Victor Harbor on the Fleurieu Peninsula

Resthaven Murray Bridge, Hills & Fleurieu Community Services offers respite support at Newland House in Victor Harbor for older people who live throughout the Murraylands, Adelaide Hills and Fleurieu Peninsula.

Transport to and from the cottage can be arranged.

### Day and Overnight Respite

Day and overnight respite care is available. Social groups are available during the day, with activities that are designed for individual guests. Lunch, morning and afternoon tea are provided.

There are two well-equipped bedrooms for overnight stays or a short break of up to two weeks, to give a carer time out for themselves.

All meals and activities provided are tailored to individual choice and preferences.

Newland House is the perfect location to recharge and relax.

This quiet home setting is just a short stroll to the iconic Victor Harbor foreshore.

Enjoy the sea air, visit Granite Island, take a ride on the Cockle Train, or dine out in one of the many eateries during your stay.

### Eligibility

Respite support is available for older people who have low level care needs, including those with short term memory loss.

*"I get a little bit of help and it makes all the difference to me."*

*– Family carer of respite client*

## Resthaven Murray Bridge, Hills & Fleurieu Community Services

**Phone 8574 5111**

Bookings are essential. Please call during business hours.

For general Community Services enquiries please phone **1300 13 66 33** or visit our website [www.resthaven.asn.au](http://www.resthaven.asn.au)



Funded by the Australian Government Department of Health and Aged Care.

**Disclaimer:** Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.