



Lane Cottages

Truro Avenue
Kingswood SA 5062

Group day respite and support for older people, in a home style environment at Lane Cottages, adjacent to Resthaven Mitcham.

Contact Resthaven
Community Respite Services
on **8198 2060** for bookings
and further information.



Conveniently located day group respite

Resthaven Community Respite Services offers respite in a supportive, relaxed, home style environment at Lane Cottages in Kingswood.

Transport to and from the cottages can be arranged.

Centre-based Day Respite

Day respite is tailored to individual needs and preferences, and is provided in small groups of up to eight people.

Morning tea, cooked lunch and afternoon tea are provided.

An interactive social program focuses on the abilities and interests of the person being cared for.

Carers can take a break and time out to catch up with friends and family, run errands, relax, or enjoy personal activities.

Eligibility

Respite support is available for older people who live in the Southern Adelaide metropolitan area and have low level care needs, including those with short term memory loss.

Resthaven Community Respite Services

Phone 8198 2060

Open Monday-Friday

9.00am-5.00pm

(Some flexibility available)

For general Community Services enquiries please phone

1300 13 66 33 or visit our

website www.resthaven.asn.au

"I get a little bit of help and it makes all the difference to me."

- Family carer of respite client



Funded by the Australian Government Department of Health and Aged Care.

Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.