



## **Carer Respite Resthaven Limestone Coast Community Services**

**914–915 Pavy Drive  
Naracoorte SA 5271**

Group day and overnight respite for carers  
of older people, in a home style environment.

**Contact Resthaven Limestone  
Coast Community Services  
on **8762 4389** for bookings  
and further information.**





## Centrally located in Naracoorte, South East SA

Resthaven Limestone Coast Community Services offers respite in a supportive, relaxed, home style environment for older people who live in the lower south east of South Australia. Transport to and from the respite cottage can be arranged.

### Overnight and Extended Day Respite

Day respite is offered in a small group of up to four people, for extended hours, if required, tailored to individual needs and preferences.

A private, single room and bathroom are available for overnight respite stays.

An interactive social program focuses on the abilities and interests of the person being cared for.

Carers can take a break and time out to catch up with friends and family, run errands, relax, or do activities you enjoy.

### Eligibility

Respite support is available for older people who live in the Limestone Coast and have low to medium level care needs, including those with short term memory loss.

***"I get a little bit of help and it makes all the difference to me."***

*– Family carer of respite client*

## Resthaven Limestone Coast Community Services

**Phone 8762 4389**

**Open Monday to Friday**

Bookings are essential.

For general Community Services enquiries please phone

**8762 4389** or visit our website

**[www.resthaven.asn.au](http://www.resthaven.asn.au)**



Funded by the Australian Government Department of Health and Aged Care.

**Disclaimer:** Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.