

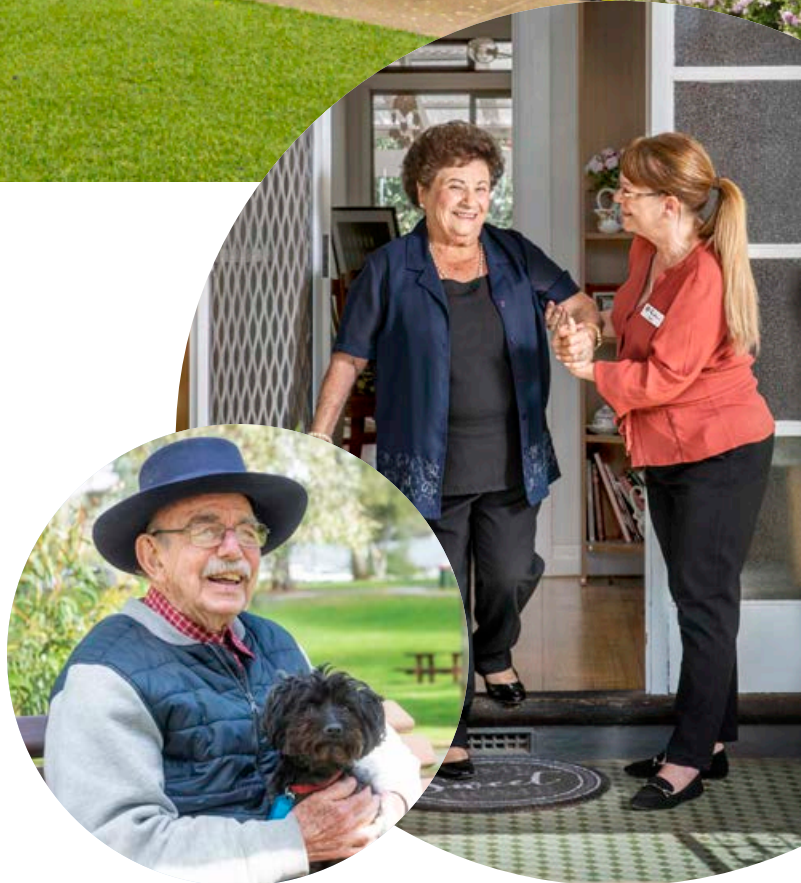


Ridgway House

36 Sussex Terrace
Westbourne Park SA 5041

Short-term overnight and small group day respite for carers, in a home style, secure environment at Ridgway House.

Contact Resthaven
Community Respite Services
on **8198 2060** for bookings
and further information



Conveniently located close to public transport

Resthaven Community Respite Services offers respite at Ridgway House in Westbourne Park. Transport to and from the cottage can be arranged.

Day and Overnight Respite

Day respite is available, tailored to individual needs and preferences.

A sensory garden encourages enjoyment of the outdoors within a secure setting.

An interactive social program focuses on the abilities and interests of the person being cared for.

Carers can take a break and time out to catch up with friends and family, run errands, relax, or activities you enjoy.

Three private bedrooms with

ensuites are available for overnight respite stays (maximum two weeks). One is suitable for couples to stay together.

Skilled support staff who understand the needs of older people are on site 24 hours, 7 days for overnight stays.

Eligibility

Respite is available for older people who live in the South Eastern Adelaide metropolitan area and have low to medium level care needs, including those with short term memory loss.

"The staff are so good to my husband, respite is lifesaving."

– Family carer of respite client

Resthaven Community Respite Services

Phone 8198 2060

Monday-Friday, 8am-5pm

Bookings are essential.

For general Community Services enquiries please phone

1300 13 66 33 or visit our website www.resthaven.asn.au



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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.