



Toorak House

61 Alexandra Avenue
Toorak Gardens SA 5065

Day group and overnight respite for carers of older people, in a home style environment at Toorak House.

Contact Resthaven
Community Respite Services
on 8198 2060 for bookings
and further information.



Conveniently located in the eastern metropolitan area

Resthaven Community Respite Services offers respite in a supportive, relaxed, home style environment in Toorak Gardens. Transport to and from the respite cottage can be arranged.

Overnight and Day Respite

A private room with ensuite is available for overnight respite stays. Skilled support staff who understand the needs of older people are on site 24 hours, 7 days for overnight stays.

Day respite is offered in small groups of up to four people, on a short-term or regular basis, for people who enjoy social interaction.

Carers can take a break and time out to catch up with friends and family, run errands, relax or do activities you enjoy.

Eligibility

Respite support is available for older people who live in the eastern Adelaide metropolitan area and have low level care needs, including those with short term memory loss.

Respite may be available at short notice, such as in emergency situations (subject to availability). Bookings are essential.

“Excellent. The staff are great. The whole deal would fall over if I didn’t have respite.”

– Chris, client

Resthaven Community Respite Services

Phone 8198 2060

**Open Monday-Friday
9am-5pm**

For bookings and enquiries.

For general Community Services enquiries please phone **1300 13 66 33** or visit our website **www.resthaven.asn.au**



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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.