

## Trust. Dignity. Choice.



## **Carers need care too!**

## Are you caring for someone?

It's very important for carers to take a break now and then.

Resthaven understands the life of a carer can be busy and demanding.

Let us help you get back into your life, while we care for your loved one.

We can help talk you through a range of respite options to support you.

The person you care for may like to join a social group, go on a bus trip, spend a day in our lovely respite cottage, or even be cared for at home while you go out. Speak with us about funding options that can help with the cost of respite care.

## Call us to discuss how we can help: 8345-0577

Resthaven Western Community Services, 96 Woodville Road, Woodville

www.resthaven.asn.au