

Resthaven Lifestyle Choices *Plus*

Fee Schedule January to June 2025

Resthaven's **Lifestyle Choices *Plus*** services are provided by trained, supervised and police-checked staff. If there are any services that you require that are not listed, feel free to ask. No external aged care assessment required.

Services	Hours available	Fees/hour
There is a one-off establishment fee for people new to Resthaven. This fee covers an initial Coordinator meeting, a home safety assessment, the provision of relevant information, and the development of an individualised support plan tailored to your needs.		\$187.00*
In-Home Support: Personal care services (excludes medication assistance).	6am-5pm 5pm-6am Weekends Public Holidays	\$80.00 \$88.00 \$115.00 \$191.00
In-Home Support: Includes meal preparation, shopping, light cleaning, gardening, companionship, medication assistance, respite for carers.	6am-5pm 5pm-6am Weekends Public Holidays	\$88.00* \$96.80* \$126.50* \$210.10*
Health Care: Nursing care including care to attend wounds, assess continence management needs, administer medicines. Services provided in your home and/or at a Resthaven wellness centre.	Registered Nurse	
	6am-5pm	\$138.00
	5pm-6am	\$162.00
	Weekends	\$237.00
	Public Holidays	\$333.00
	Enrolled Nurse	
6am-5pm	\$105.00	
5pm-6am	\$118.00	
Weekends	\$165.00	
Public Holidays	\$265.00	
Allied Health: Therapy, information, equipment recommendations, home safety and independence, occupational therapy, physiotherapy, podiatry, speech therapy, dietary advice, social work.	Weekdays	\$170.00
Allied Health: Massage and exercise physiology.	Weekdays	\$187.00*
Concierge Services: This is service coordination, review of your services, providing information you require, assistance with finding relevant aged care services/other services in the community, counselling and advocacy.	Monday-Friday (9am-5pm)	\$187.00*

*Denotes GST inclusive prices

The minimum engagement for any service is 30 minutes (irrespective of visit length).

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Group Programs

In addition to one-to-one services, Resthaven can provide social and wellbeing support, and respite for carers, through small group programs at various locations in the community. Ask about group activities in your local area. Transport can be arranged.

Services	Fees/hour
Short sessions	
Social Groups/Exercise Classes (up to 1 hour)	\$39.60*
Social Groups/Exercise Classes (over 1 hour/up to 4 hours)	\$78.10*
Social Groups/Exercise Classes (over 1 hour/up to 4 hours) with light snack	\$93.50*
Social Groups/Exercise Classes (over 1 hour/up to 4 hours) with main meal	\$100.10*
Centre-Based Respite	
Centre-Based Respite (up to 4 hours)	\$126.50*
Centre-Based Respite (4 hours) with light snack	\$141.90*
Centre-Based Respite (4 hours) with main meal	\$148.50*
Centre-Based Respite (full day) with meal	\$275.00*
Overnight Respite (price on application)	P.O.A.
Travel: Staff travel costs to visit you	
Fees/hour	
Travel up to 5km is included in the hourly rate	
Travel package up to 15km	\$20.90*
Travel package up to 25km	\$33.00*
Travel package up to 50km	\$75.90*
Travel with you to group activities and excursions/appointments/shopping – \$1.43* per kilometre (+ employee time taken)	
Services cancelled with less than 24 HOURS notice will be charged the full cost of the service	

*Denotes GST inclusive prices

We welcome your enquiry and will tailor services to meet your needs.

If you have any further questions please contact:

Resthaven Community Services 1300 13 66 33