

Volunteer **Buzz**

Hello

The Christmas festivities have been in full swing across Resthaven this month, with tree decorating, gift wrapping, parties and activities a-plenty.

Thank you to each of you for your part in the creations, connections and the sharing of joy.

Throughout these pages, we share some volunteering stories - just a small sample, we know. There is a real international flavour reflected, with Resthaven recently welcoming both international nurses and volunteers from afar. A couple of them share their stories on pages 5 and 9.

Resthaven celebrates being a richly diverse community – check out the henna tattoos for Diwali on page 10.

During 2024, there were several residential site anniversary celebrations, of which many of you supported – a fun photo is featured on page 4.

The 'Out and About' photos on pages 10 and 11 are colourful and bright. It has been a colourful year.

Next year, 2025, will be even more eventful, as Resthaven celebrates our 90th Anniversary. We have enclosed a special anniversary 90th pin for each of you and a commemorative calendar featuring photos during the last 90 years – we hope you enjoy.

Continued page 2...

Stacey Thompson

Manager,
Volunteer Services



Dear Resthaven Volunteers

We thank you for volunteering and giving of yourselves.

Thank you from all at Resthaven, including the people you support and the teams you work with.

May you enjoy the spirit of the season and time with loved ones.

Wishing you joy and peace,

From all at Resthaven.

Above: The 'two Shirleys' of Resthaven Aberfoyle Park.





Quarterly Newsletter for Resthaven Volunteers

Statement of Purpose

Working together: outstanding care and support for older people and their carers.

Our Values

- Trust
- Dignity
- Choice



Resthaven acknowledges the traditional owners of the lands on which its services are delivered. We pay our respects to elders past, present and future.

Resthaven is a richly diverse community, founded on the principles of inclusion and unity, embracing and respecting each person's beliefs, culture, language, sexual orientation, gender identity, lifestyle, life experiences and values.

Volunteer Services

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From **Stacey** (continued from page 1)



Please also find enclosed the Australian Government's fact sheet for volunteers, about the Code of Conduct for Aged Care.

This information sheet helpfully explains the approach required to ensure a high standard of delivery of care, and aligns with Resthaven's purpose and values.

Please have a read, and let us know if you have any questions or require further information.

We are grateful to you for your approach and the high standard you adopt as you volunteer.

On a fun note, enjoy the Christmas Movie Quiz on page 7.

Happy Christmas everyone.



Stacey Thompson
Manager, Volunteer Services

From the **CEO**

Hello everyone,

Retirement Living Acquisition

From 1 November, we were delighted to welcome staff and residents from eleven retirement villages to Resthaven.

The move marked the official settlement of the acquisition of 799 retirement units that were previously owned by Aveo. Resthaven has worked in partnership with Eldercare, also a UnitingCare agency, which acquired 234 units from Aveo in the same agreement.

The acquisition increased Resthaven's retirement living portfolio substantially, adding to our suite of options for older people. It complements our strategy of planned and considered growth and includes the transfer of approximately 90 home care clients.

Since the announcement of the successful bid for the units in August, Resthaven has worked with Aveo to ensure a smooth and seamless transition for staff and residents.

Resident meetings were held during October at all sites, to introduce ourselves and offer reassurance to those who live there. It was a great opportunity for myself and Executive Manager (EM) Community Services & Retirement Living, Mel Ottaway, to get to know new residents, and understand what is important to them.

Resthaven now operates more than 1,200 retirement units within our Retirement Living portfolio, making us the fourth largest retirement living provider in South Australia. A full list of the new villages is on page 6.



From the **CEO** (continued)

Executive Retirement

It is with sadness but also deep gratitude that I share with you that Tina Cooper will retire in December 2024.



Since commencing with Resthaven in 2009, Tina has held the roles of Senior Manager Residential Services, EM Residential Services (2011), and EM Clinical Governance & Operational Excellence (2023).

I thank and acknowledge Tina for the significant contribution that she has made over the past 15 years and the wonderful legacy that she has left for Resthaven.

I am pleased to advise that Merridy Baylis has been appointed to the role of EM Clinical Governance & Operational



Excellence. Merridy joined Resthaven in the role of Senior Manager Clinical Services in April 2020, and has provided clinical leadership across the organisation since that time. We congratulate Merridy and welcome her to the Executive team.

Aged Care Reform Package

On 29 November 2024, a landmark Aged Care Bill officially passed through Parliament. The passage of this Bill introduces a new Aged Care Act. The \$5.6 billion reform package (noted to be the largest investment in aged care in 30 years) includes:

- a \$4.3 billion investment in Support at Home, to come into effect on 1 July 2025,
- a 'no worse off' principle to provide 'certainty to people already in aged care' that they 'won't make a greater contribution to their care',
- that the 'treatment of the family home won't change',



Above (L-R): Marielle Smith (Senator for SA), Pardeep Singh (SMRS), Darren Birbeck (CEO), Anika Wells MP (Minister for Aged Care), Shani Liyanage (MRS), Kelly Geister (EMRS), and Claire Clutterham (Candidate for Sturt). The group visited Resthaven Paradise on 23 October.

- new laws to 'protect older Australians in aged care'.

This bipartisan agreement reflects an historic and seminal opportunity for us as a nation – aimed at ensuring a viable and sustainable sector, and giving older Australians confidence that quality and safe care and services will be there for them in the future.

Awards

We are delighted that we were 'Highly Commended' in the Reader's Digest Quality Awards, announced on 14 November. Executive Manager Finance & Technology, David Norton, is pictured with Group Advertising Director, Sheron White, accepting the award on behalf of Resthaven.



Out and About

In September, I attended the UnitingCare Leaders Forum in Canberra, along with several members of the Resthaven Board, where we advocated for aged care policy.

On 23 October, we were delighted to host the Hon Anika Wells MP (Federal Member for Lilley and Minister for Aged Care), Marielle Smith (Senator for South Australia) and Claire Clutterham (Labor Candidate for Sturt), to Resthaven Paradise. The group (above) enjoyed a tour of the home, including the rose garden in full bloom, and a chat with members of the site community.

Finally...

As we approach the end of the year and the festive season ahead, I take this opportunity to thank you all for another great year at Resthaven. Wishing you and your families health and happiness for Christmas and the new year beyond.

See you in 2025, as we celebrate our 90th anniversary.



Darren Birbeck
Chief Executive Officer



Residential Services

Hi everyone,

New Strengthened Aged Care Standards

As part of the new Aged Care Act and regulatory model, the Aged Care Quality Standards are being strengthened. In 2021, the Royal Commission into Aged Care Quality and Safety recommended that the Department of Health and Aged Care (the Department) review the Standards, and recommended that they include vital areas such as food and nutrition, dementia, diversity, governance, and clinical care.

The strengthened Quality Standards are expected to be introduced with the commencement of the new Aged Care Act on 1 July 2025. The existing Standards will remain in effect until then.

Accreditation

From August - September, Resthaven Paradise and Port Elliot underwent unannounced visits by assessors from the Aged Care Quality and Safety Commission (ACQSC). We await the results from Paradise. All requirements were found to be met at Port Elliot, and three years of re-accreditation granted. Well done.

Site Anniversaries

From September - November, four Resthaven residential sites celebrated significant milestones with festive events.

I was delighted to attend several of these events, along with CEO Darren Birbeck, Senior Managers, and members of the Resthaven Board. Congratulations to:

- Resthaven Craigmore: 20 years
- Resthaven Marion: 50 years
- Resthaven Malvern: 70 years
- Resthaven Leabrook: 80 years.



Thank you to all those volunteers and staff involved for your hard work and planning in commemorating these very special anniversaries, and to all those residents who attended.

Site Christmas Luncheons

As we head towards the end of another year, I look forward to seeing many of you as you support the annual Resident Christmas Luncheons, held across all residential sites throughout December.

Take care as we head into the festive season, and if you see me at your site, please say hello.

Best wishes,

Kelly Geister
Executive Manager
Residential Services



Above, site anniversary celebrations (clockwise from top): Resthaven Leabrook's 80th anniversary with Darren Birbeck (CEO) and resident Mrs Noela Long; Freddy Bartlett (Board Member), Darren, and Cathy Ryan (Manager Residential Services) cheers to Resthaven Malvern's 70th anniversary; Glen Docherty (Mayor of City of Playford), Jess Traeger (MRS), David Norton (EM Finance & Technology), and Kelly Geister (EM Residential Services) at Resthaven Craigmore's 20th event; Darren, Rachael Musico (MRS), Kris Hanna (Mayor of the City of Marion), and Kelly celebrate 50 years of Resthaven Marion.

“It is Christmas in the heart that puts Christmas in the air.”

— W.T. Ellis.



Diversity News



Diversity Events

Resthaven recently participated in the inaugural 'Festival for the Future', a two-day event in Mt Gambier to support LGBTI+ people living in the region.

We were also delighted to once again attend the Adelaide Pride March, held on Saturday 2 November (pictured above), and the annual Feast Picnic in the Park to promote our services to the older LGBTI+ community, on Saturday 9 November. Thank you to all who attended.

On 1 November, staff and volunteers across Resthaven celebrated Diwali. CEO Darren Birbeck is pictured right with the annual delivery of Diwali sweets for sites.



Ageism Awareness

On Ageism Awareness Day (9 Oct), Resthaven proudly became a member of the EveryAGE Counts campaign, a national movement dedicated to combating ageism and promoting respect for all ages. Resthaven joined 85+ organisations who are part of the EveryAGE Counts coalition.



Priscilla de Pree

Diversity & Inclusion Lead



Resthaven welcomes international nurses

Resthaven has welcomed international nurses to its workforce, with five nurses recently making the life-changing move from their home countries to Australia as part of Resthaven's international sponsorship of skilled overseas workers.

Santhy Plamkoottathil Pappen, Swapna George, and Eseosa Olu-tobi Matiminu have joined Resthaven Mount Gambier. Santhy, who moved from the United Kingdom says that she felt confident moving across the world to work for Resthaven.

For Swapna, who has moved to Australia from Ireland, her children's interests were an important part of her decision.

Eseosa, who was born in Africa and moved here from the United States 'wanted to experience nursing in another country.'

At Resthaven Port Elliot, Princy Bobby and Jasmin John (pictured above with the Port Elliot leadership team) have joined from England and the UK.

'My family has moved to Australia for a better lifestyle,' Princy says.

Meanwhile, Jasmin moved to Australia to reunite her family: 'My son has been studying at UniSA for two years, so we are excited to all be living in the same country again.'

Welcome to Resthaven.



Social Work Students

Volunteers Yumeng Han and Shuchan Wang (above, from left) are both studying a Masters in Social Work. Through volunteering at Resthaven, they are gaining experience that complements their chosen career path. In turn, residents are enjoying these interactions as well as offering their wise counsel and experience.

'Growing up in China, my grandparents lived with us,' Shuchan says. 'I feel very comfortable with older people and I enjoy their company.'

'Volunteering with Resthaven provides me with a wonderful opportunity to connect with older people, similar to my experiences with my grandparents, which is very comforting.'

Yumeng has a similar story, also moving from China to Australia for her studies.

'I really enjoy talking with residents and hearing about their lives,' Yumeng says. 'It's lovely to chat together, enjoy a stroll in the gardens, or a cup of tea. This is a wonderful experience and I am gaining knowledge that is contributing to my development as a social worker.'



Community Services & Retirement Living

Hi everyone,

Retirement Living Acquisition

As mentioned in the CEOs update, on 1 November, we officially took ownership of a suite of 11 new retirement living villages, formerly owned by Aveo.

The new villages are:

- **Resthaven Elizabeth North 'Riverview'** 43 Jarvis Road, Elizabeth Vale SA 5112
- **Resthaven Fulham 'The Oaks'** 511 Henley Beach Road, Fulham SA 5024
- **Resthaven Fulham Gardens 'Leisure Court'** 5 Leisure Court, Fulham Gardens SA 5024
- **Resthaven 'Glynde Lodge'** 10 Davis Road, Glynde SA 5070
- **Resthaven Hillcrest 'Crestview'** 136 Fosters Road, Hillcrest SA 5086
- **Resthaven Melrose Park** 155 Edward Street, Melrose Park SA 5039
- **Resthaven North Haven 'Gulf Point'** 2 Failie Drive, North Haven SA 5018
- **Resthaven North Haven 'The Haven'** 840 Military Road, North Haven SA 5018
- **Resthaven Queenstown 'Westport'** 9 Old Port Road, Queenstown SA 5014
- **Resthaven Rostrevor 'Leabrook Lodge'** 205 St Bernards Road, Rostrevor SA 5073
- **Resthaven Salisbury East 'Manor Gardens'** 12 Melville Road, Salisbury East SA 5109.

We welcome all new retirement living residents and thank them for their patience and understanding during this transition.



Agedcare Alternatives

From 1 January 2025, the Agedcare Alternatives and Regional Assessment Service (RAS) will cease to operate. The Care Finder program will continue at present.

Season's Greetings

Wishing you a wonderful festive season, and I look forward to seeing you out and about.

Mel Ottaway

Executive Manager, Community Services & Retirement Living



Above (from top): EM Community Services & Retirement Living, Mel Ottaway, addresses Melrose Park Retirement Living residents; Darren and Mel with a Gulf Point resident. EM Finance & Technology, David Norton, at Gulf Point.

Growing Together



The resident gardens at Resthaven Aberfoyle Park are beginning to flourish – and it's thanks to a combined effort of both residents and Resthaven Volunteer Jeannie Peace.

'It's wonderful to see the engaged faces of residents as we potter in the garden together,' Jeannie says.

'It is very rewarding, and I get as much out of volunteering as what I give.'

Following a 15-year career with Resthaven, Jeannie has joined as a volunteer. She worked in a variety of roles and areas at Resthaven Bellevue Heights, including administration reception in residential services and coordinating retirement living. Now, Jeannie shares her love of gardening with residents.

'I always thought I would come back to Resthaven to volunteer,' Jeannie says.

In her short time volunteering, Jeannie has also joined the 'Pack n Chat' group, helping put together 799 welcome packs for the former-Aveo Retirement Living residents.



Work Health & Safety

Emergency and Fire Procedures

At all Resthaven sites, there are designated Chief Wardens who will take charge during an emergency. Everyone must follow their directions. In an emergency, implement 'R.A.C.E.'

Remove persons in danger

Alert others

Contain fire, close doors and windows, if safe

Evacuate



Tip: At residential sites, look out for the MIMIC panels, which will light up, showing the location of the active alarm.

Always put your safety first.

Chemical Safety

There are many different types of chemicals used at Resthaven.

These include: batteries, medications, aerosols, perfumes/aftershave, nail polish, massage oils, craft glue, fly spray, toiletries, etc.

We maintain a register of hazardous substances and specific safety data sheets to ensure safe storage and use of such items.



Tip: Resthaven provides required items, so there is

no need to bring your own chemical-based items on site.

Christmas Movie Quiz

Here is a quiz from some favourite Christmas movies. Can you answer them all? Answers are on page 11. Good luck!

Trivia Questions:

- How many lights were on the Griswald's house in 'Christmas Vacation'?
- In 'Home Alone', what household item did Kevin accidentally steal from the corner store?
- Which Christmas movie starts and finishes with scenes at an airport?
- Which action film is often called a Christmas film?
- What is the name of the last ghost that visits Scrooge in 'A Christmas Carol'?
- The Grinch's heart is said to be how many sizes too small?
- How many ghosts show up in 'A Christmas Carol'?
- Who voices Scrooge in the 2009 'A Christmas Carol'?
- In the movie 'Elf', what was the first rule of The Code of Elves?
- What made Frosty come to life in the movie 'Frosty the Snowman'?
- In the movie 'Elf', how does Buddy get to the North Pole?
- Which Hollywood actor played six different roles in 'The Polar Express'?



When Laney met Wags: friends fur-ever

New resident at Resthaven Mitcham, Mr Roger McDonald, has always owned dogs. A couple of years ago, when his last dog, Lucy, died, his family bought him 'Wags' – a battery-powered companion pup – for company and comfort. Wags now resides in Roger's room.

'Dad relates well to and enjoys the company of dogs,' Roger's daughter, Carolyn Wight, says.

'As I was leaving from my visit recently, I noticed volunteer, Diana, here with her dog, Laney. We struck up a conversation, and they very happily agreed to come and visit Dad in his room.'

The encounter was joyful for Roger, and Laney even took a liking to Wags – even if she wasn't sure exactly what to make of him!

Diana and Laney regularly visit residents at Resthaven Mitcham.





Building Updates

Hi everyone,

The year is flying by. Our construction projects continue to progress, and we are bringing new projects online. The most exciting of these is the major redevelopment of the Marion Campus. This will be a generational redevelopment, and a flagship for Resthaven. Read on for more...

Resthaven Marion Campus

The concept for the overhaul of the Resthaven Marion campus has been agreed upon. It incorporates the construction of a new multipurpose Community Services building in the vacant land on the site.

This will enable the construction of a new 150-place residential aged care home where the current Community Services building is located.

Both new buildings will be connected by a dedicated linkway, and central communal square and café, with associated services. The project will aim for high sustainability outcomes, including carbon neutrality for operations and a green star rating.

The development application process for this major project is underway. Watch this space!

Resthaven Chiton Retirement Living

On 13 September, the first sod was officially 'turned' on the \$7.8m development at Resthaven Chiton Retirement Living.

Resthaven CEO, Darren Birbeck, and Executive Manager Community Services and Retirement Living, Mel Ottaway, were joined by representatives from Brown Falconer Architects, Kennett Builders and Chiton residents to 'turn the turf' (above).



Above, 'Turn the Turf' at Resthaven Chiton Retirement Living (L-R): Donovan (Site Manager), Matt Cragg (Senior Manager Sales & Services), Anthony Carbone (Kennett Builders General Manager), Jay Belsare (Project Coordinator Building & Property Services), Janine Wells (Resident Committee President), Darren Birbeck (CEO), Mel Ottaway (EM Community Services & Retirement Living), James Kennett (Kennett Builders Director), Mario Dreosti (Brown Falconer Managing Director), and Kennett Site Coordinators, Ben and Abdulla.

Works onsite have since commenced, and the units are on the market for presales. If you know of anyone interested in purchasing a unit, please point them in our direction.

The scheme includes 11 additional retirement units, a garden reserve, and a caravan parking area. Completion is scheduled for September 2025.

Resthaven Bellevue Heights

Stage 2 of the major redevelopment of Resthaven Bellevue Heights has been 'handed over,' and residents have moved into the new areas. This includes 23 new rooms, with a memory support area to be called 'Waratah.' The name of the demolished lodge, 'Manson,' will be used for another area within the home.

The memory support area incorporates new lighting technology called MelaGen, which has been scientifically researched to promote natural circadian rhythms, with warm

enriched light and blue depleted light as the day runs its cycle. This technology will assist in wellbeing and sleep for residents.

Once the new areas are complete, Grevillea will be demolished and a new car park constructed.

Resthaven Westbourne Park

Stage 2 of the major redevelopment at Resthaven Westbourne Park is progressing. The latest progression is the completion of excavation for the under-croft staff carpark. When completed, stage 2 will accommodate 26 resident rooms over two levels.

Resthaven Leabrook

Resthaven Leabrook is a beautiful site with lots of heritage, however it's time for some love and attention.

As part of this project, we will refurbish and upgrade all rooms, common areas and service areas in Mortimer, Dorothy Wilson, Shapley, Burnside, Godfrey, and Pearce. Design and planning are now occurring.

Continued opposite page...



Building Updates

Resthaven Head Office

For a period of time now, we have made minor alterations to Resthaven Head Office to facilitate our growth since the office was first occupied in 2015.

With continued growth projected, Resthaven Head office requires an internal fit out to provide for this growth, and improve functional aspects such as quiet rooms, meeting spaces, and hot desks. Planning is underway.

Rooftop Solar PV Project

Installation of rooftop solar photovoltaic (PV) panels is now complete and online at the majority of Resthaven sites.

The estimated reduction in our carbon footprint is 9%. We are working on a live system display at residential sites so that everyone onsite can see real-time solar production and how our consumption is being met. This is one way we are reducing our carbon footprint.

Best wishes for the festive season.



David Norton

Executive Manager,
Finance & Technology

Below: Kaye and Una enjoy the raised garden beds in one of the stunning new garden spaces of Resthaven Westbourne Park.



Meaningful Connections

Please enjoy these meaningful stories from across the Resthaven community. For the full articles, visit www.resthaven.asn.au/latestnews



Introduction to Aged Care

Rezky Jaya Indah (Indah) says that volunteering with Resthaven has been a great way to introduce herself to the field of aged care.

'My favourite part is engaging with and getting to know individuals,' Indah says.

'We encourage and support each other - if I mention I am interested in something, then often a resident will say to me something like "You only live once - take a chance". I really take their advice to heart.'

Indah (above, with Resthaven Leabrook resident, Mrs Ros Aish) grew up in Indonesia and moved to Australia around six years ago to study.

'Since I am far away from home, I find it nice to come here and make connections,' Indah says. 'I sometimes think - why didn't I do this earlier!'

Indah's trainer recommended she volunteer with Resthaven, and now Indah is encouraging her friends to explore volunteering.

'It is a great experience, and I am learning so much because of it.'



'Meant to be' for Lou

Resthaven Port Elliot Volunteer Chaplain's Assistant, Lou Styles, says, 'I feel as though I am where I am meant to be. I am doing God's calling. Serving others is serving God.'

'I enjoy having conversations with residents - we sometimes have big conversations about their lives, fears and religion - and it's nice to hear their stories. We laugh and cry and hold hands. It's a chance to really get to know people.'

'I have been able to use my experiences and background. I was a hairdresser for more than 50 years, so I know how to talk!'

'I learned that if someone is looking you in the eye, even if they don't have anything to say, then they are listening and feeling engaged. People will add to the conversation when they are ready.'

Lou encourages people she meets to volunteer and explore the right role.



'Out and About'



Walks in the Sunshine

Volunteers Jude and Vicky enjoy strolls with Resthaven Craigmore and Port Elliot residents, and being outdoors in the warmer weather (left, from top).

Leabrook Show

Volunteer, Kaye (right) at the Resthaven Leabrook 'Show Day', along with her charming dog Susie, who was a hit with residents in her colourful outfit.



Diwali

To celebrate Diwali, Resthaven Aberfoyle Park volunteer, Liz, and residents (below, from left), joined in getting henna tattoos together.

60th Wedding Anniversary

Resthaven Aberfoyle Park volunteer, Rusty, recently celebrated his 60th wedding anniversary with his wife, Valerie, who is a resident at the home. They are pictured (below) admiring their letters from King Charles and the Prime Minister.





'Out and About'



'Radicool Reptiles'

Resthaven Marion enjoyed a visit from 'Radicool Reptiles', where residents could touch and hold the animals. Volunteer, Karen, is pictured with a resident, admiring a large python.

50th Anniversary Party

Below: Volunteer, Rutchel, supporting the Marion 50th anniversary celebrations on 27 September.



Christmas Movie Quiz Answers (from p7)

- 1) 25,000 lights 2) A toothbrush 3) Love, Actually
- 4) Die Hard 5) The Ghost of Christmas Yet to Come
- 6) Two 7) Four 8) Jim Carrey 9) Treat every day like
- Christmas 10) His hat 11) He hides in Santa's sack
- 12) Tom Hanks.



Show Week

The Resthaven Westbourne Park Lifestyle team put on an amazing 'Show Week, with games, prizes, colourful costumes, and a sideshow alley – all with volunteer support. The team is pictured above with volunteer, Meridee.

Companionship

Resthaven Westbourne Park residents love their visits from volunteer, Mary, and her furry friend, 'Benny'. Mary and Benny are pictured (right) enjoying their regular visit with Mrs Margaret Peake.



Season's Greetings

From the Marketing & Communications Team

We hope you have enjoyed these newsletters and volunteer articles throughout the year. As well as Volunteer Services, Resthaven's Marketing & Communications team welcomes submissions, and looks forward to hearing from you in the coming year.

If you have news to share, please let us know via email: marcom@resthaven.asn.au

With best wishes for a safe and happy Christmas and new year, from the Resthaven Marketing & Communications team.



Resthaven's 90th Anniversary in 2025



We look forward to celebrating Resthaven's 90th anniversary in 2025.
If you would like to join in and support your local event, just contact your Coordinator.

February 2025

- 21 Resthaven Mount Gambier 'Aussie barbeque' day
- 25 Resthaven Aberfoyle Park 1930s themed party

March

- 8 Resthaven Paradise Family Fair
- 14 Resthaven Limestone Coast Community Services pub luncheon
- 21 Resthaven Community Respite Services Devonshire Tea

April

- 4 Resthaven Marion Community Services Open Day
- 9 Resthaven Fleurieu Community Services 'Resthaven-opoly' outing

May

- TBA Volunteer Celebration Events
- 8 Resthaven Westbourne Park Masquerade Ball
- 11 Resthaven Service of Thanksgiving, Malvern Uniting Church
- 16 Resthaven Port Elliot 10th anniversary party
- 20 Resthaven Bellevue Heights redevelopment opening

June

- 6 Resthaven Paradise & Eastern Community Services 90 packs for charity
- 24 Resthaven Mitcham High Tea

July

- 16 Resthaven Murray Bridge/ Resthaven Murray Mallee Hills Community Services 1930s 'Speakeasy Jazz Party'

August

- 15 Resthaven Leabrook 90th anniversary afternoon tea
- 22 Resthaven Western Community Services 1930s themed high tea

September

- 19 Resthaven Northern Community Services Open Day

October

- 3 Resthaven Malvern 1930s concert
- 15 Resthaven Onkaparinga Community Services Fete/ Open Day
- 19 Resthaven Marion Show Day
- 25 Resthaven Craigmore 21st birthday party/site fete.



2025 Volunteer Connections

New year, new beginnings.

We look forward to welcoming more volunteers in 2025.
Share your experience, and our contact details:

Phone 8373 9036 or 8373 9092, email volunteer@resthaven.asn.au
Online application: www.resthaven.asn.au/volunteer

Happy new year!



Volunteer Services contact details: phone 8373 9036, or volunteer@resthaven.asn.au