



Hollyhock Limestone Cottage

Carer Support & Short Breaks

Being a carer is rewarding, but at times can be tiring. Short breaks provide a valuable opportunity to recharge.

At Hollyhock Limestone Cottage, a comfortable home located in the green belt area on the outskirts of Mount Gambier, day and overnight short stays are offered to older people, giving carers a break from their caring role.

Guests enjoy the home's daily routine and a range of social activities. The gardens provide a welcoming, secure outdoor area for all to enjoy.

Day stays and social programs

A range of activities, tailored to individual needs and choices, are offered each day. Social programs focusing on individual abilities and interests are designed to

promote inclusion and social connection.

Overnight stays

Three private bedrooms offer comfortable overnight stays for up to three visitors.

Staff support

Trained and skilled staff support guests of the home at all times. A coordinator oversees the cottage, with support from a Registered Nurse.

Eligibility

Day and overnight stays and social programs are available for older people, including those with memory loss. A *My Aged Care* referral is required for all subsidised services.

Lifestyle Choices Plus can be accessed for unfunded services.

Speak with our team to discuss how we can support you and your loved one with a short stay at Hollyhock Limestone Cottage.

**Resthaven
Limestone Coast
Community Services**
Phone 8726 9400

Monday-Friday, 8am-5pm.
Bookings are essential.

For general Resthaven Community Services enquiries, please phone **1300 13 66 33** or visit: www.resthaven.asn.au



“The staff are so good to my husband, respite is lifesaving.”

– Family carer of respite client

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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.