



Carer Respite Resthaven Limestone Coast Community Services

**17 Gordon Street
Naracoorte SA 5271**

Group day respite for carers of older people,
in a home style environment.

Contact Resthaven Limestone
Coast Community Services
on **8762 4389** for bookings
and further information.



Centrally located in Naracoorte, South East SA

Resthaven Limestone Coast Community Services offers respite in a supportive, relaxed, home style environment for older people who live in the lower south east of South Australia. Transport to and from the respite cottage can be arranged.

Extended Day Respite

Day respite is offered in a small group of up to four people, for extended hours, if required, tailored to individual needs and preferences.

An interactive social program focuses on the abilities and interests of the person being cared for.

Carers can take a break and time out to catch up with friends and family, run errands, relax, or do activities you enjoy.

Eligibility

Respite support is available for older people who live in the Limestone Coast and have low to medium level care needs, including those with short term memory loss.

Resthaven Limestone Coast Community Services

Phone 8762 4389

Open Monday to Friday
Bookings are essential.

For general Community Services enquiries please phone **8762 4389** or visit our website **www.resthaven.asn.au**

“I get a little bit of help and it makes all the difference to me.”

– Family carer of respite client



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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.