



Resthaven
Incorporated

Trust
Dignity
Respect



Toorak House

Carer Support & Short Breaks

Being a carer is rewarding, but at times can be tiring. Short breaks provide a valuable opportunity to recharge.

Resthaven's Toorak House caters for those who care for older people, offering social programs, as well as group day respite, and overnight respite, in a supportive, relaxed and secure environment.

Guests enjoy the home's daily routine and a range of social activities. The gardens provide a welcoming, secure outdoor area for all to enjoy.

Day stays and social programs

A range of activities, tailored to individual needs and choices, are offered each day. Social programs focusing on individual abilities and interests are designed to promote inclusion and social connection.

Overnight stays

Overnight rooms can be booked for a single or several nights.

Private, comfortable bedrooms are available for guests to enjoy.

Staff support

Trained and skilled staff support guests of the home at all times.

A coordinator oversees the cottage, with support from a Registered Nurse.

Eligibility

Day and overnight stays and social programs are available for older people, including those with memory loss.

A *My Aged Care* referral is required for all subsidised services. *Lifestyle Choices Plus* can be accessed for unfunded services.

Speak with our team to discuss how we can support you and your loved one with a short stay at Toorak House.

Resthaven Community Respite Services

Phone 8198 2060

Monday-Friday, 8am-5pm.
Bookings are essential.

For general Resthaven Community Services enquiries, please phone **1300 13 66 33** or visit: www.resthaven.asn.au



“The staff are so good to my husband, respite is lifesaving.”

– Family carer of respite client

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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.