

How Resthaven supports you

Government funding models can feel overwhelming. With Resthaven, you don't have to figure it out alone.

We will:

- Explain the process in plain language
- Ensure your care continues without disruption
- Help you make the most of your Support at Home package budget.

Why choose Resthaven?

Resthaven is a proudly South Australian 100% accredited not-for-profit aged care provider that has earned a trusted reputation for providing personalised home care to thousands of South Australians every year.

With 90 years of experience, Resthaven provides quality home care, residential aged care, retirement living, respite, and wellness services across South Australia.

How to apply

A government My Aged Care referral is required for subsidised Support at Home services. Phone **1800 200 422** or visit **myagedcare.gov.au** to learn more about eligibility and funding.

Whether you're applying for yourself or a loved one, our friendly team is ready to guide you. We'll help you to understand your options and walk you through the next steps. Call us on 1300 13 66 33 or visit the Home Support pages on our website.

Speak with us today

Call Resthaven on **1300 13 66 33** for a friendly chat and to arrange a free in-home consultation.



Resthaven Incorporated

6 Bartley Crescent Wayville, South Australia 5034
PO Box 327 Unley, South Australia 5061

P: **1300 13 66 33** E: **community@resthaven.asn.au**



Although funding for this service has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.



www.resthaven.asn.au



Support at Home to stay independent & connected



Enriching the lives of older people

What is Support at Home?

Support at Home is the Australian Government's national program for aged care at home.

It is designed to:

- Help older Australians live independently at home for longer
- Provide a clear, national list of services
- Match funding to your needs (with eight levels of support)
- Ensure contributions are fair and based on income and assets
- Offer higher levels of care for people with more complex needs.

Stay connected to the home and community you love with some support from Resthaven – South Australia's largest home care provider.



Care planning with Resthaven

We work with you to prepare a plan of care that:

- Reflects your needs and circumstances
- Focuses on your goals and priorities
- Makes the most of your funding level.

Services available may include:

- Nursing care in your own home (from short-term to end-of-life care)
- Bathing and personal care
- Assistive technology and home modifications
- Exercise groups, health and wellbeing programs
- Allied health and therapy services
- Reablement, restorative care, and rehabilitation
- Continence, vision, hearing, and memory support
- Social activities and transport
- Meals and shopping
- Light cleaning, laundry, and housework
- Home and garden maintenance
- Respite care.

For more information visit Home Support at www.resthaven.asn.au

How the funding works

The Support at Home program involves:

- **Government subsidised support**
- **Eight funding levels:** Levels are based on your care needs as assessed by My Aged Care
- **Means tested:** Services Australia assesses your income and assets to determine the client contribution required, based on your circumstances.

Government funding is provided quarterly to Resthaven, your provider:

- 10% of your budget is to cover care management
- Up to \$1,000 or 10% of unused funds can carry over each quarter
- The remaining funding is available for services, equipment, and supports.

What you pay

- If you started receiving support **before 12 September 2024** – you will have minimal changes
- If you were assessed **after 12 September 2024** – fees are based on income, assets, and services used
- Services Australia confirms your exact contribution.

Your Resthaven Care Partner will explain all costs to you in detail.