

Resthaven Lifestyle Choices Plus

Fee Schedule *Effective 1 August 2025*

Resthaven's **Lifestyle Choices Plus** services are provided by trained, supervised and police-checked staff. If there are any services that you require that are not listed, feel free to ask. No external aged care assessment required.

Services	Hours available	Per hour
There is a one-off establishment fee for people new to Resthaven. This fee covers an initial Coordinator meeting, a home safety assessment, the provision of relevant information, and the development of an individualised support plan tailored to your needs.		\$206*
In-Home Support: Personal care services (excludes medication assistance).	6am-6pm 6pm-6am Weekends Public Holidays	\$88 \$101 \$150 \$220
In-Home Support: Includes meal preparation, shopping, light cleaning, gardening, companionship, medication assistance, respite for carers.	6am-6pm 6pm-6am Weekends Public Holidays	\$97* \$111* \$165* \$242*
Health Care: Nursing care including care to attend wounds, assess continence management needs, administer medicines. Services provided in your home and/or at a Resthaven wellness centre.	Registered Nurse	
	6am-6pm	\$152
	6pm-6am	\$175
	Weekends	\$258
	Public Holidays	\$380
	Enrolled Nurse	
6am-6pm	\$116	
6pm-6am	\$133	
Weekends	\$197	
Public Holidays	\$290	
Allied Health: Therapy, information, equipment recommendations, home safety and independence, occupational therapy, physiotherapy, podiatry, speech therapy, dietary advice, social work.	Weekdays	
	In our clinic	\$187
	In your home	\$216
Allied Health: Massage and exercise physiology.	Weekdays	\$168*
Concierge Services: This is service coordination, review of your services, providing information you require, assistance with finding relevant aged care services/other services in the community, counselling and advocacy.	Monday-Friday (9am-5pm)	\$206*

*Denotes GST inclusive prices

The minimum engagement for any service is 30 minutes (irrespective of visit length).

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Group Programs

In addition to one-to-one services, Resthaven can provide social and wellbeing support, and respite for carers, through group programs at various locations in the community. Ask about group activities in your local area. Transport can be arranged.

Services	Per hour
Social and Wellness Programs	
Monday to Friday	
6am-6pm	\$50*
6pm-6am	\$57*
Weekends	\$84*
Public Holidays	\$124*
Centre-Based Respite (day and overnight)	
Monday to Friday	
6am-6pm	\$66*
6pm-6am	\$76*
Weekends	\$112*
Public Holidays	\$165*
Travel with you to group activities and excursions/appointments/shopping – \$1.50* per kilometre (+ employee time taken)	

Services cancelled with less than 24 HOURS notice will be charged the full cost of the service.

*Denotes GST inclusive prices

We welcome your enquiry and will tailor services to meet your needs.

If you have any further questions please contact:

Resthaven Community Services 1300 13 66 33