



# Family Carer Workshops

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## Strathalbyn August/October 2018

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Family members and friends attend one 4 hour session. The workshop provides an opportunity to learn about practical strategies, share common experiences and learn ways to support a person with a diagnosis of dementia living in the community.

### Topics include:

- What is dementia?
- Effective communication
- Understanding changed responses
- Support and services available

### Suitable for:

Family and friends of a person diagnosed with dementia

### Session dates and times:

Tuesday 21 August or  
Tuesday 2 October  
10:00am - 2:00pm

### Venue:

Resthaven Strathalbyn Office  
9 Rankine Street,  
Strathalbyn SA

### Cost:

Free (this program is funded by the Australian Government)

Bookings essential,  
as places are limited:

To register or for  
more information call  
Dementia Australia  
on **(08) 8372 2100**



Resthaven Incorporated are  
generously sponsoring the venue

This program is supported partially by funding from the Australian Government

[dementia.org.au](http://dementia.org.au) | National Dementia Helpline 1800 100 500



for language assistance  
call 131 450