



Hersey Cottages

Respite for carers

6–8 Township Rd, Marion SA 5043

Resthaven Community Respite Services provides respite in a homestyle setting for small groups, six days a week, in the heritage-listed Hersey Cottages.

We support carers to take a break; take time for yourself to catch up with friends, run errands, relax, or do something you enjoy.

Have confidence that the person you care for is being well-supported by our team.

About Small Group Day Respite:

- Small group day respite is offered in a homely and secure environment
- Activity and social programs focus on individual abilities and interests, with opportunities to learn new skills
- Share skills and expertise in 'The Shed' in a very social setting
- Hot meals or sandwiches, prepared fresh on site, are offered according to individual preferences on the day.

Availability

Respite care at Hersey Cottages is available for carers of frail older people, older people with dementia and older people with higher level care needs who live in the southern metropolitan regions of Adelaide.

Opening Times

Monday to Friday, 8 am–7 pm

Saturday, 9 am–5 pm

Times can be negotiated with individual carers to suit their needs.

To apply, or for further information regarding Hersey Cottages or other respite options, call during office hours:

Resthaven Community Respite Services

Phone: 8198 2060 or

Email: respite@resthaven.asn.au

For general Community Services enquiries

Phone: 1300 13 66 33

Visit: www.resthaven.asn.au

This Commonwealth Home Support Programme is funded by the Australian Government Department of Health.

Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

