



Lane Cottages

Truro Avenue, Kingswood SA 5062

Resthaven Community Respite Services provides small group day respite for carers in an enjoyable, comfortable, relaxed environment at Lane Cottages.

We support carers to take a break; take time for yourself to catch up with friends, run errands, relax, or do something you enjoy.

Have confidence that the person you care for is being well-supported by our team.

Small Group Day Respite

- Small group day respite for up to eight people is offered in a homely and secure environment
- Before and after service personal care support and transport to and from Lane Cottages can be arranged
- Activity and social programs focus on individual abilities and interests, so can change on a daily basis
- Hot meals or sandwiches, prepared fresh on site, are offered according to individual preferences on the day.

Availability

Respite at Lane Cottages is available for carers of frail older people with early stage dementia who live in the southern metropolitan regions of Adelaide.

Respite for carers

Opening Times

Monday to Friday 9am–5pm

To apply, or for further information regarding Lane Cottages or other respite options, call

Resthaven Community Respite Services

Phone: 8198 2060

Email: respite@resthaven.asn.au

For general Community Services enquiries

Phone: 1300 13 66 33

Visit: www.resthaven.asn.au

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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

