Resthaven Limestone Coast Community Services offers home-style respite for carers during the day or overnight in a supportive, relaxed and secure environment at Naracoorte.

**Overnight and Extended Day Respite**
- A private, single room and bathroom are available for overnight respite.
- Skilled support staff who understand the needs of older people are on site 24 hours a day.
- Day respite is offered in a small group of up to four people, for extended hours if required.
- Day respite is available on a short-term or regular basis for people who enjoy social interaction.
- Nutritious, home cooked meals are provided, catering for individual preferences.
- A social program is available. It focuses on the abilities and interests of the person being cared for. A secure garden allows the older person to enjoy the outdoors if preferred.
- Respite may be available at short notice, such as in emergency situations (subject to availability).
- Transport to and from the Respite House can be arranged within the region.

**Eligibility**
Respite care at Naracoorte is available for carers who live in the Limestone Coast region and care for frail older people with low to moderate care needs.

**Opening Times**
Monday to Friday.

For further information regarding respite care at Naracoorte:

**Phone:** 8762 4389  
**Email:** limestonecoastcs@resthaven.asn.au  

**Resthaven Limestone Coast Community Services**
For general Community Services enquiries
**phone:** 8762 4389

or **visit:** [www.resthaven.asn.au](http://www.resthaven.asn.au)

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*Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.*