Resthaven Onkaparinga Community Services offers short-term overnight and small group day respite for carers of frail older people, in a home style, supportive, relaxed and safe environment.

**Overnight and Day Respite**
- A private room and bathroom are available for overnight respite.
- Skilled support staff who understand the needs of older people are on site 24 hours a day.
- Day respite is available on a short-term or regular basis for people who enjoy social interaction.
- Day respite is offered in a small group of up to four people.
- Respite may be available at short notice, such as in emergency situations (subject to availability).
- Transport to and from respite may be arranged within the region.

**Eligibility**
Respite care is available for carers who live in the Onkaparinga region and care for frail older people with low to moderate care needs.

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**Opening Times**
Monday to Friday.

For further information regarding respite care or home support services contact:

**Resthaven Onkaparinga Community Services**
First Floor, Office 201, Commonwealth House, Noarlunga Centre SA 5168

**Phone:** 8307 3700

**Email:** onkcs@resthaven.asn.au

For general Community Services enquires phone: 1300 13 66 33
or visit: www.resthaven.asn.au

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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.