



# Onkaparinga Respite Services

Respite for carers

First floor, Office 201, Commonwealth House, Beach Road, Noarlunga Centre, SA 5168

Resthaven Onkaparinga Community Services offers short-term overnight and small group day respite for carers of frail older people, in a home style, supportive, relaxed and safe environment.

## Overnight and Day Respite

- A private room and bathroom are available for overnight respite.
- Skilled support staff who understand the needs of older people are on site 24 hours a day.
- Day respite is available on a short-term or regular basis for people who enjoy social interaction.
- Day respite is offered in a small group of up to four people.
- Respite may be available at short notice, such as in emergency situations (subject to availability).
- Transport to and from respite may be arranged within the region.

## Eligibility

Respite care is available for carers who live in the Onkaparinga region and care for frail older people with low to moderate care needs.

## Opening Times

Monday to Friday.

For further information regarding respite care or home support services contact:

## Resthaven Onkaparinga Community Services

First Floor, Office 201, Commonwealth House, Noarlunga Centre SA 5168

**Phone: 8307 3700**

**Email:** [onkcs@resthaven.asn.au](mailto:onkcs@resthaven.asn.au)

For general Community Services enquiries

**phone:** 1300 13 66 33

or **visit:** [www.resthaven.asn.au](http://www.resthaven.asn.au)



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*Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.*