



Ridgway House

36 Sussex Terrace, Westbourne Park SA 5041

Resthaven Community Respite Services provides short-term overnight and small group day respite for carers, in a home style, secure environment at the recently renovated and redecorated, Ridgway House.

Have confidence that the person you care for is being well-supported by our skilled and well trained team.

Overnight and Small Group Day Respite:

- Short-term overnight respite is available in three private single rooms with ensuite bathroom, and one twin room with ensuite for couples
- Overnight rooms can be booked for a single or several nights
- Activity and social programs focus on individual abilities and interests
- Our sensory garden encourages enjoyment of the outdoors within a secure setting
- Nutritious, home cooked meals are prepared on site
- Skilled staff who understand the needs of older people provide support 24/7
- Higher level community respite is available one week each month.

Respite for carers

Availability

Respite at Ridgway House is available for carers of frail older people, older people with dementia, and older people with higher level care needs who live in the southern and eastern metropolitan regions of Adelaide.

Carers from other regions are welcome to enquire, including rural and remote areas. Private rates apply.

Open 7 days a week

Bookings are essential.

To apply, and for further information call:

Resthaven Community Respite Services

Phone: 8198 2060

Email: respite@resthaven.asn.au

For general Community Services enquiries

Phone: 1300 13 66 33

Visit: www.resthaven.asn.au

This Commonwealth Home Support Programme is funded by the Australian Government Department of Health.

Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

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