Resthaven Vision Support Services

Resthaven receives Commonwealth Home Support Programme funding to provide Specialised Support Services: Vision Support Services throughout all Adelaide metropolitan areas, the Limestone Coast, Murray Bridge, the Adelaide Hills, and the Fleurieu Peninsula.

Resthaven staff tailor services to help and support older people with vision impairment who are living at home. These services assist older people and their carers and families, to manage the older person’s vision loss and maximise independence to enable them to remain living in their own home. Services comprise a mix of direct service delivery, tailored support and expert advice.

Longer term, short term and one off services are available.

Services include assistance with:

- Support tasks that are unable to be done due to vision loss such as domestic assistance and meal preparation
- Connecting with community, friends and social activities
- Nursing and allied health services
- Falls, balance and mobility group sessions
- Home safety assessments and advice about equipment
- Respite care

Case Study: Mary achieved her goal of cooking her evening meals, using large print cooking recipes. Support was provided following a Vision Support Services referral, including an Occupational Therapy assessment and creation of large print customised recipes.

Mary received support with meal preparation until she was confident in preparing her meals independently. Resthaven also facilitated an equipment referral, which provided a range of colour coded measuring cups and spoons to match ingredients on her recipes, along with a reading magnifier.

For more information, call Resthaven Community Services:

1300 13 66 33