

Trust  
Dignity  
Choice



## Residential Respite Care Services

Respite accommodation is available at all Resthaven residential aged care homes. A period of respite gives much needed relief to the family carers and offers the opportunity to experience what living in a residential aged care facility is like.

Please call Resthaven's  
Residential Accommodation  
Enquiries Team on **8373 9113**  
for bookings and further  
information.



### Resthaven understands and values the important role of carers in supporting their relatives and spouses as they age and are no longer fully independent.

Sometimes, a carer needs to attend to other activities, or go on holidays. Respite enables a carer to remain healthy, in their caring role longer, and to have a wider social life.

Residential respite is a helpful introduction to residential care. By joining the Resthaven residential community as a respite client, you are able to participate in lifestyle activities and other aspects of life at Resthaven.

Our staff are trained, insured, and police checked, with a Registered Nurse on duty at all times.

Resthaven offers respite at all of our residential aged care homes for older people who are assessed as eligible as part of their government assessment process.

Each applicant is then considered based on a suitable vacancy being available to fit the individual care needs of that person.

**Residential respite accommodation is available for a minimum of two weeks up to a maximum of 63 days. (Bookings are essential)**

Please call **8373 9113** or email [accommodation@resthaven.asn.au](mailto:accommodation@resthaven.asn.au) to enquire about respite

at all Resthaven metropolitan sites and Resthaven Murray Bridge.

To enquire about residential respite at Resthaven Mount Gambier, please contact the site directly on **8726 3400**.

For respite at Resthaven Port Elliot, please contact the site directly on **8574 5100**.

Our staff look forward to assisting and supporting you to ensure your time at Resthaven is an enjoyable experience.

For further information and current vacancies, please visit our website: [www.resthaven.asn.au/carers-respites/residential-respite/#map](http://www.resthaven.asn.au/carers-respites/residential-respite/#map)

*"I just loved it. The food was good. The service was excellent. The gardens were lovely. My room was heaven. The other residents were so nice to me. What a lovely place you have. What more can I say? Thank you!"*

*– Residential respite client*



**Disclaimer:** Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.