

Trust
Dignity
Choice



Aldinga House

18 Halcyon Circuit
Aldinga Beach SA 5173

Resthaven Community Services offers overnight and day respite, with social group activities.

Take a well deserved rest, enjoy socialising with others, receive one-on-one care in a quiet, home-style setting.

**Contact Resthaven
Community Respite Services
on 8198 2060 for bookings
and further information**



Located on the beautiful Fleurieu Peninsula.

Resthaven Community Respite Services offers respite in a supportive, relaxed, home style environment at Aldinga House. Transport to and from the respite cottage can be arranged, if required.

Overnight and Day Respite

Day and overnight respite care is offered. Two well-equipped bedrooms offer an opportunity for a short break of up to two weeks, ideal when a carer needs time out for themselves.

Whether you're longing for an overnight stay, or a social day out, Aldinga House is designed for the perfect getaway from the hustle and bustle of everyday life.

This quiet home setting is just a short drive to iconic Aldinga Beach, where you can enjoy the sea air, walks or drives on the beach, and call in to a beach front café on your way back.

Book your 'staycation', and take a well-deserved rest today.

Eligibility

Subsidised overnight and day respite is available for carers of older people who have low level care needs, including those with memory loss.

"I get a little bit of help and it makes all the difference to me."

— Family carer of respite client

Resthaven Community Respite Services

Phone 8198 2060

Open 7 days a week

Bookings are essential

For general Community Services enquiries please phone **1300 13 66 33** or visit our website www.resthaven.asn.au



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Disclaimer: Although funding for respite services has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.